JFCS Memory Café is a gathering for people with memory loss and their caregivers. Café members meet twice per month for activities and socialization in a comfortable, supportive environment.

Guest facilitators from the community, along with JFCS staff, will lead the group in activities including music, art, exercise, movement, reminiscence and conversation.

PROGRAM STRUCTURE

> The 2023 Café will be held:
  • Wednesday afternoons from 1:30-3 p.m. twice each month
  • Community Room at JFCS - 5905 Golden Valley Rd

> The program is free to attend; registration is required. It will be facilitated by JFCS Senior Services staff and volunteers.

REQUIREMENTS TO PARTICIPATE

> The Café is open to people with memory loss and their caregivers. Anyone needing personal assistance must attend with a caregiver. Café is open to people from the Jewish and broader community.

> Group is limited to 10 pairs of people with memory loss and caregivers. If we receive more registrations than space available, we will place people on a waitlist.

Please contact Lindsay Kant at: 952.417.2116  •  lkant@jfcsmpls.org for program dates and to register