



♥ JFCS MEMORY CAFÉ

JFCS Memory Café is a gathering for people with memory loss and their caregivers. Café members meet twice per month for activities and socialization in a comfortable, supportive environment.

Guest facilitators from the community, along with JFCS staff, will lead the group in activities including music, art, exercise, movement, reminiscence and conversation.

PROGRAM STRUCTURE

- > The 2023 Café will be held:
 - Wednesday afternoons from 1:30-3p.m. twice each month
 - Community Room at JFCS - 5905 Golden Valley Rd
- > The program is free to attend; registration is required. It will be facilitated by JFCS Senior Services staff and volunteers.

REQUIREMENTS TO PARTICIPATE

- > The Café is open to people with memory loss and their caregivers. Anyone needing personal assistance must attend with a caregiver. Café is open to people from the Jewish and broader community.
- > Group is limited to 10 pairs of people with memory loss and caregivers. If we receive more registrations than space available, we will place people on a waitlist.

OUR MISSION

Jewish Family and Children's Service of Minneapolis provides essential services to people of all ages and backgrounds to sustain healthy relationships, ease suffering, and offer support in times of need.

OUR VALUES

Based on the Jewish concept of *tikkun olam* (repairing the world), Jewish Family and Children's Service of Minneapolis believes everyone is entitled to equal economic, political and social rights and opportunities. As a human service organization, we value:

- > Compassion
- > Inclusion
- > Innovation
- > Integrity
- > Collaboration

Lead Sponsor:
Gail and Steve Machov

www.jfcsmpls.org



Please contact Lindsay Kant at:
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for program dates and to register