

Keeping The Spirit Alive 2023

Recommended Book List

Agronin, Marc E. *The Dementia Caregiver: A Guide to Caring for Someone with Alzheimer's Disease and Other Neurocognitive Disorders*. 2016

[Amos, Carol B. *H.O.P.E. for the Alzheimer's Journey*](#): Help, Organization, Preparation, and Education for the Road Ahead. 2019

Barr, Deborah. [Keeping Love Alive as Memories Fade](#): The 5 Love Languages and the Alzheimer's Journey. 2016

[Basting, Anne Davis. *Creative Care*](#): A Revolutionary Approach to Dementia and Elder Care. 2020

[Bell, Virginia. *A Dignified Life*](#): The Best Friends Approach to Alzheimer's Care: A Guide for Care Partners. 2012

Boss, Pauline. *Ambiguous Loss: Learning to Live with Unresolved Grief*. 1999

Boss, Pauline. *Loving Someone who has Dementia: How to Find Hope While Coping with Stress and Grief*. 2011

Boss, Pauline. *The Myth of Closure: Ambiguous Loss in a Time of Pandemic and Change*. 2022

Brackey, Jolene. *Creating Moments of Joy Along the Alzheimer's Journey*. 2017

Cardwell, Lee. *Dementia in the Family: Practical Advice from a Caregiver*. 2017

Cohn, Barbra. [Calmer Waters](#): The Caregiver's Journey Through Alzheimer's and Dementia. 2016

[Davis, Patti. *Floating in the Deep End*](#): How Caregivers Can See Beyond Alzheimer's. 2021

[Dunlop, John. *Finding Grace in the Face of Dementia*](#). 2017

Gawande, Atul. *Being Mortal: Medicine and What Matters in the End*. 2014

Graff-Radford, Jonathan. *May Clinic on Alzheimer's Disease and Other Dementias*. 2020

Green, Cynthia R., and Joan Beloff. *Through the Seasons: An Activity Book for Memory-Challenged Adults and Caregivers*. 2008

Koffman, Dan. *Hand Tools*. 2008. And other books from the Images for Reflection and Reminiscence series.

[Levin-Folio, Cheryl. *The 24-hour Rule*](#): Living with Alzheimer's. 2016

MacCracken, Mary. *The Memory of All That: A Love Story About Alzheimer's*. 2022

Mace, Nancy L., and Peter V. Rabens. *The 36-Hour Day: A Family Guide to Caring for People Who Have Alzheimer Disease and Other Dementias* (A Johns Hopkins Press Health Book). 2021

[Manteau-Rao, Marguerite. *Caring for A Loved One with Dementia*: A Mindfulness-based Guide for Reducing Stress and Making the Best of your Journey Together.](#) 2016

Marofsky, Myrna. *To the Last Dance: a partner's story of living and loving through dementia.* 2022

Miller, Stephen. *Communicating Across Dementia.* 2015

Olivia Ames Hoblitzelle, *Ten Thousand Joys & Ten Thousand Sorrows: A Couple's Journey through Alzheimer's.* 2010

[Orange, Cynthia. *Take Good Care*: Finding your Joy in Compassionate Caregiving.](#) 2017

Pfeiffer, Eric. *Caregiving in Alzheimer's and Other Dementias.* 2015

[Post, Stephen G. *Dignity for Deeply Forgetful People*: How Caregivers Can Meet the Challenges of Alzheimer's Disease.](#) 2022

Powell, Tia. [Dementia Reimagined](#): Building A Life of Joy and Dignity from Beginning to End. 2019

Power, G. Allen. *Dementia Beyond Disease: Enhancing Well-Being.* 2016

Power, G. Allen. *Dementia Beyond Drugs: Changing the Culture of Care.* 2016

Schneider, Matthew. *Fun and Games: Childhood Reflections on Sports and Leisure.* 2010. And other books from the Interactive book for memory-impaired adults series.

[Shagam, Janet Yagoda. *A Caregiver's Guide to Dementia*: An Unintended Journey.](#) 2021

Shouse, Deborah. *Love in the Land of Dementia: Finding Hope in the Caregiver's Journey.* 2013

Smith, Barbara. [Before I Forget](#): Love, Hope, Help, and Acceptance in Our Fight Against Alzheimer's, 2016

[Staebler, Gretchen. *Mother Lode*: Confessions of A Reluctant Caregiver.](#) 2022

[Stearns, Ann Kaiser. *Redefining Aging*: A Caregiver's Guide to Living your Best Life.](#) 2017

Stelter, Jennifer R. [The Busy Caregiver's Guide to Advanced Alzheimer Disease.](#) 2021

Toth, Susan Allen. *No Saints Around Here: A Caregiver's Days.* 2014

Wayman, Laura. [A Loving Approach to Dementia Care](#): Making Meaningful Connections with the Person Who Has Alzheimer's Disease or Other Dementia or Memory Loss. 2021

Welton, Jude. *Can I Tell You About Dementia? A Guide for Family, Friends and Caregivers.* 2013

[Wolfelt, Alan.](#) *Healing your Grieving Heart When Someone You Care About Has Alzheimer's: 100 Practical Ideas for Families, Friends, and Caregivers.* 2011