



*We can't wait!*

# Join us FOR OUR 35TH ANNUAL Benefit *cocktails ♦ food ♦ games ♦ 7-10pm*

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**SHOP & make  
a difference!**

## **The JFCS Annual Online Auction runs from December 2-12, 2023**



It is an opportunity to find one-of-a-kind items and experiences, including sports and entertainment tickets, food and dining, spa and beauty, home, clothing, accessories, health and fitness and much more!

**Why?** The Online Auction supports the critical work of Jewish Family and Children's Service of Minneapolis. For over 113 years, JFCS has provided essential services to people of all ages and backgrounds to sustain healthy relationships, ease suffering and offer support in times of need. Each year, JFCS supports over 13,000 people of all faiths and backgrounds in the areas of Career Services, Community Engagement, Counseling & Mental Health, Education & Learning, and Senior Services.



### **Please shop and make a difference!**

Shopping the Online Auction will support the highly professional work JFCS provides with boundless compassion to all who turn to us.

**tuneinjfcs.org**



**Jewish Family and Children's  
Service of Minneapolis**





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## From Judy's desk

Live music, games, roving magicians, and fabulous food – it's all just a little more than one month away at the 35th Annual JFCS Benefit on Dec. 2 at the Minneapolis Marriott Southwest! We hope you'll join us as we raise support for JFCS programs and services that address mental health and wellness. What better reason for a night out than to know you are doing good while re-connecting with friends, enjoying food and music?

Getting out to catch up with friends and having a laugh or two are all necessary to maintaining one's mental health. Those of us who are lucky enough to have this opportunity to engage are also likely to experience life's ups and downs – and times when we could benefit from someone listening or offering help. Some of us struggle a little, and others experience daily challenges requiring significant interventions. Recognizing how prevalent issues are related to mental health and wellness, and the importance of meeting the rising need for help, we knew this was the set of programs we wanted to shine a light on and ask for your support at the Benefit.

Join us

Jewish Family and Children's Service of Minneapolis addresses mental health and wellness in a myriad of ways.

- We provide mentors to people who could benefit from guidance and direction.
- We offer various modalities of counseling for individuals, couples, and families.
- Case management is available to people with severe and persistent mental illness.
- Family Life Education is provided to schools, early childhood centers, summer camps, and more.
- Addiction support services are available to individuals and families.
- Support is offered to people healing from chronic and terminal illness, and much, much more.

We hope you'll come to the Benefit for all the experiences it offers, and we hope you'll stay to learn more about these essential and important services. And when the time comes to make a gift, we encourage you to offer what you can to ensure that JFCS will always be there to help when mental health and wellness is needed.

We are Here for all. *Always*. Your help makes that possible.

**Judy Halper**, JFCS Chief Executive Officer

# THE JFCS 35TH ANNUAL *Benefit* cocktails ♦ food ♦ games

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*We can't wait!*

# Join us FOR OUR 35TH ANNUAL Benefit

*cocktails ♦ food ♦ games ♦ 7-10pm*

Mark your calendar now! Join Jewish Family and Children's Service of Minneapolis for our 35th Annual Benefit on Saturday, December 2. There will be a livestreaming option for those who are not able to attend in person.

**[jfcsmpls.org](http://jfcsmpls.org)**



12  
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Join us for a magical evening filled with friends, fun and a few surprises! We will celebrate coming together as a community to support the important work of JFCS. ♦ Enjoy an evening of amusement, live music by The Sons, strolling magicians, fun food passed and at stations, and a dessert, hot cocoa, candy and popcorn bar sponsored by Cindi and Harold Goldfine. Most importantly, there will be touching moments and opportunities to support JFCS.

### *evening schedule*



### *where*

**Minneapolis Marriott  
Southwest**  
5801 Opus Parkway,  
Minnetonka

*7pm* Cocktails, food stations, schmoozing, fun things to do and live music from The Sons.

*8:30pm* JFCS program, including remarks from Annual Benefit Co-Chairs Ronald Barry and Sheri Fine; Board President Natalie Zamansky; and JFCS CEO Judy Halper. We will also honor The Jeff Barin and Wendy Fox Family with the Friends of the Family Award and present our Fund-a-Need, supporting JFCS Mental Health and Wellness programs and services. A livestream of the program will be available for virtual attendees.

*9-10pm* The fun continues with cocktails, experiences and live music .

*9:30pm* The NextGen After-Party for guests 21-36. Join us for a special post-Benefit party including a drink ticket, late night food, games, and time to have fun with friends!

*attire* It's a special night out on the town!  
Fun cocktail party attire suggested.



# Supporting mental health & wellness

*Fund-a-Need at this year's Annual Benefit will support programs that address mental health and wellness*

Mental health impacts all areas of our lives – especially in these times. We have all experienced the effects of living through a pandemic and the troubling news we see in our communities, our country and the world today – in addition to the challenges of everyday life. JFCS' Annual Benefit Fund-a-Need this year will raise money for mental health and wellness.

Mental health and wellness are at the core of JFCS' mission to sustain healthy relationships and ease suffering. They are interwoven into all areas of service and support that JFCS provides, including eliminating barriers to successful careers; engaging and connecting with community; finding stability in our lives; and caring for our families.

“

The conference was wonderful as always. I so appreciate this event and look forward to it every year. I leave feeling refreshed, filled with knowledge, and grounded.”

– Mental Health Education Conference participant

Numerous JFCS program areas have a focus on promoting positive mental health and wellness – Counseling, the Mental Health Education Conference, Jewish Youth Mentoring Program, Intake and Resource Connection, Family Life Education, and Addiction and Recovery Services. These programs are just some of the ways we help and support mental health and wellness for all who turn to us.

## Counseling

The Counseling team recognizes the courage it takes to reach

out for services. We all experience challenges and low periods in life, and while there are known benefits of therapy, the actual act of opening up to someone you don't know can be scary. It can make you feel vulnerable and uncomfortable. Our team of skilled clinicians provides a compassionate, warm, and judgment free environment for folks to explore the challenges they are facing. Children, adolescents, and adults who work with our clinicians can expect to feel heard, to find support through their challenges, and to know they are not alone.

## Mental Health Education Conference

The Annual Mental Health Education Conference has been an important resource for the community for more than 20 years. The event, which started as a community response to the death of an individual having a mental health crisis, has grown into an annual event focused on reducing stigma, and providing education and support for individuals living with a mental health issue, their family, friends, and healthcare providers. The conference, especially now that we are back in person, has created an important touchstone for people who are marking their own mental health journey and an entry point for individuals and families facing new mental health challenges.





# is core to JFCS' mission



## The Jewish Youth Mentoring Program

proves that anyone can benefit from a personal, one-on-one connection. Whether mentor or mentee, personal connection provides enhanced self-esteem and self-confidence; stronger relationships with parents, teachers, and peers, and a stronger Jewish identity. Children spend time with someone who is giving their undivided attention; sharing activities like visiting libraries, sporting events, museums, arts and crafts, biking, visiting parks, playing games, and more. Children and their mentors create meaningful connections to each other and the community with the guidance and support of JFCS staff. Free to both mentor and mentee, this program has a long history of making powerful matches, meaningful relationships and lifelong friendships.

## Intake and Resource Connection

Intake and Resource Connection (IRC) is often the first point of contact with individuals seeking support through JFCS. Knowing the courage and vulnerability it takes to ask for help, our team of intake counselors create a welcoming and confidential space for callers to discuss their complex situations and needs. By conducting a holistic assessment with each individual, IRC assists with problem-solving and helps to identify needs and supports available. IRC intake counselors are the “connectors” of the agency, completing intake and enrollment for various JFCS programs and services, as well as referrals to additional resources within our community.

## Family Life Education

Family Life Education (FLE) takes JFCS out into the community and brings the community into JFCS through presentations, trainings, workshops,

classes, support groups, individual meetings and consultations. The foundations of FLE are collaboration, prevention, and education with the goal of promoting individual, family and community well-being and empowerment throughout the lifespan. Customized programming includes topics such as parenting workshops, parent coaching, teacher trainings, addressing interfaith challenges, bullying, grief and loss, supporting caregivers, addressing challenging current events in meaningful ways, and building healthy relationships.

## Addiction and Recovery Services

Addiction and Recovery Services support families and individuals who are impacted by Substance Use Disorder and other addictions. Addiction is a family disease and our programs support the family as a whole. Programming includes education about addiction for diverse audiences; confidential consultations with family members; and referrals to a variety of resources in the Twin Cities and beyond. We work closely with the Family Life Education department at JFCS and focus on education, prevention and collaboration to support families and reduce stigma around addiction in all forms. Our work is informed by the principles of harm reduction.

Mental health and wellness challenges can impact anyone, regardless of age, race, or socio-economic background. By supporting the JFCS programs that address these issues, you can make a positive impact for both individuals and the community at large. **While the JFCS Annual Benefit isn't until Dec. 2, you can already support this year's Fund-a-Need now! Just visit [tuneinjfcs.org](https://tuneinjfcs.org) and look for the Fund-a-Need button.**

“At JFCS, we believe our mental health and wellness services can be life-changing. Like *tikkun olam*, repairing the world one person at a time, we nurture the human spirit, mind, and heart one person at a time.”

— Jill Kozberg,  
JFCS Mental Health and  
Senior Services Director

“We always allow callers to feel safe in telling their story – sometimes for the first time. Callers are able to feel fully heard, while receiving guidance on what options are available to them for support.”

— IRC Program Manager  
Laura Gorke

# tuneinjfcs.org



## ♥ PARENT COACHING

JFCS is here to support parents. Our Family Life Education program offers Parent Coaching to meet your everyday parenting needs and challenges and help support you. Parent coaching provides tailored, empirically-supported, action-oriented, forward-looking support to address challenges you are facing. We do not diagnose conditions or provide therapy, but you will leave the call with a clear plan for manageable next steps. Calls will last up to 30 minutes. While we are providing parent coaching for free, we accept donations to JFCS to help fund this important service.

### We can assist with issues such as:

- > Ideas for providing structure and activities for children of all ages
- > Dealing with tantrums
- > Managing sibling rivalries and bickering
- > How to fit in self-care at home
- > Co-parenting concerns
- > Creating a social media plan for your family and managing screen time in general
- > Parenting strategies for adult children

### Contact parent coaching at JFCS:

Fill out the interest form here to schedule an appointment:  
<https://www.jfcsmpls.org/parent-coaching-interest-form/>

### Call and leave a message

952-542-4825

We will return your call in one business day.



# Hamas-Israel war: How to begin conversations with your children

By Leah Persky, PhD & CFLE • Manager of Family Life Education

The brutality of the attack on Israel and the ensuing war is conveyed in the graphic images we see on the news. It is heartbreaking to see and hard to turn away from. Many in the Twin Cities have close and deep ties with Israel. The weeks since the attack have passed in a blur with such a mixture of human emotions and a tragic and escalating loss of human lives. There is also the sense that this war will not be over anytime soon. We need to think about how to best care for ourselves and our children.

**In the weeks since the attack on Israel, many have asked how do we talk to our children about it?** Our children deserve to know what is happening in an age-appropriate way and as parents and caregivers, it is our instinct to keep our children safe; but we also know that danger exists in the world. Parents have an especially challenging job in talking about recent events that impact Jewish families so very personally. Many families have lost loved ones, their sense of security, and hope for the future.

Everyday decisions for many have become harder to make in the face of this unfolding tragedy. Decisions about going to Jewish spaces, safety, and going about our daily tasks have become harder. Many adults and children may be feeling uncertain now and everyday life is taking a back seat to the news and managing the big emotions. Decision and media fatigue are real.

Know that you are not alone in the challenging tasks at hand. Approaching challenging conversations with our children requires parents to be their most human, vulnerable, and open selves.

You are not alone if you are feeling a sense of anxiety around it or avoiding it. Beginning the conversation about the war in Israel with your children in a loving and age-appropriate way is crucial. Doing so will allow them to ask you questions and they can hear the news from you, rather than other unvetted or uncontrolled sources (other kids or untrusted “news” sites online).

**A few quick tips include:** Start the conversation by asking your child what they know already and go from there; avoid any graphic images or videos; keep conversations short; avoid many details with younger children; discuss where you get your news and why with your older children; and keep an open door policy to continue these conversations.

Also be sure to watch your own media diet. Notice how much news you are consuming, how you feel afterwards, and how much time you are spending. There is usually a threshold of information we reach and continuing to consume news after that point is not often helpful to our wellbeing.

While these conversations can feel overwhelming to begin, realize that you don’t need to be the expert. What is most important is that you bring up the topic so your child knows you are there for them and they can talk to you. Simply being present will reduce anxiety they may be feeling. Bringing up the topic when your family is feeling calm will increase feelings of safety and build trust between you and your children, regardless of their age.



**Don’t hesitate to reach out to me, JFCS’ Parent Coach, if you would like more support as you navigate these conversations or other aspects of parenting kids ages 2 through adult.**

**Contact me at:**  
**[lpersky@jfcsmpls.org](mailto:lpersky@jfcsmpls.org)**  
**952.542.4825**



# Tribute Gifts

The following donations were received between June 1 and Aug. 31, 2023.

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**Andrea & Steven Heifetz**  
*Birth of Grandson*  
Cindy & Doug Kanter

**Diane Hoffman**  
*Special Birthday*  
Linda & Miles Braufman  
Carole & Marty Kaplan

**Susan & Michael Horovitz**  
*55th Wedding Anniversary*  
Harriet Swatez

**Ann Hunegs**  
*Special Birthday*  
Marilyn Chern

**Dobie & Richard Hunegs**  
*70th Wedding Anniversary*  
Barbara Bearmon

**Colette Jaffe**  
*65th Birthday*  
Judy & Andy Halper  
Cari & Jeff Shaw  
Vicki & Mike Siskin  
Kristi Bader & Gary Swartz

**Hope Frisch Kalin & Jeremy Kalin**  
*Wedding Anniversary*  
Susan Nudell Kalin

**Mitzi & Terry Kane**  
*55th Wedding Anniversary*  
Ann & Neil Covin

**Cindy & Doug Kanter**  
*Birth of Granddaughter, Leni*  
Fran & David Bayer  
Sally Forbes Friedman  
Dana Rubin  
Jim Tankenoff

**Mollie & Daniel Kanter**  
*Birth of Daughter, Leni*  
Jim Tankenoff

**Marty Kaplan**  
*Father's Day*  
Adrienne Kaplan

**Sharon & Allen Kaufmann**  
*New Home*  
Alaine & Howard Wilensky

**Eva Kieffer**  
*90th Birthday*  
Linda & Miles Braufman  
Gloria Jaffe  
Rosann Kahner  
Simie Kaye  
Miriam Kieffer  
Shelly Reichert & Marty Bell  
Linda & Max Rutman  
Roz & David Schwartzman

**Faye Krasner**  
*75th Birthday*  
Linda & Les Fieldman

**Sara Lederman**  
*Wedding*  
Carolyn Abramson

**Beth & Todd Leonard**  
*Birth of Grandsons*  
Cindy & Doug Kanter

**Joanie Levey**  
*Special Birthday*  
Barbara Bearmon

**Elaine & Peter Levy**  
*Birth of Grandson*  
Elayne & Larry Chiat

**Elaine & Peter Levy**  
*50th Wedding Anniversary*  
Elayne & Larry Chiat

**Ralph Lieber**  
*90th Birthday*  
Tammy & Carl Birnberg  
Marcia & Mark Cherniack

Elaine Kuretsky  
Ronna & Tom Sherman

**Julie Rappaport & Lee Lieberman**  
*Tasha and Alan Stupnitsky's*  
*Wedding*  
Carol Nichols

**Steven Linowes**  
*Daughter's Marriage*  
Irene Bartram

**Betty Sue & David Lipschultz**  
*55th Wedding Anniversary*  
Harriet Swatez

**Gail & Steve Machov**  
*David's Wedding*  
Lisa & Igor Furman  
Cindy & Doug Kanter

**Marnie & Jordan Marmet**  
*125th Celebration*  
Debbie Dachis Gold & Michael Gold  
Sheri Sell & Craig Hinderks

**Carol & Robert Mayeron**  
*50th Wedding Anniversary*  
Diane & Allen Kuperman

**Alan Miller**  
*75th Birthday*  
Joanne & Douglas Savitt

**Lydia & Jonathan Miller**  
*55th Birthdays*  
Judith Miller

**Linda Noddle**  
*75th Birthday*  
Marilyn Marker

**Linda & Jeff Noddle**  
*55th Wedding Anniversary*  
Ricki Butwinick & Jim Tankenoff

**Marni & Gal Noyman**  
*Gabriel's Bar Mitzvah*  
Ann & Neil Covin

**Andrea & David Ornstein**  
*55th Wedding Anniversary*  
Judy & Larry Kaplan

**Ruth Paley**  
*Retirement*  
Elena Borochin  
Carole Cera  
Margie & Michael Earhart

Sari & Harry Engel  
Lee Friedman  
Judy & Andy Halper  
Jackie Henning  
Evie & Alan Ingber  
Rosanne & Larry Jacobsen  
Sharon Kessel

Joey & Jerry Laurie  
Jill Ann Marks  
Gloria Murman  
Angie Podvin  
Nancy & Kevin Rhein  
Dana Rubin  
Annette Sandler  
Joanne & Douglas Savitt

Dana Shapiro  
Judi Belzer & Jerry Waldman  
Alaine & Howard Wilensky  
Sheri & Scott Yarosh  
Kathy & Howard Zack  
Julie & Scot Ziessman  
Dawn & Danny Zouber

**Ruth Paley**  
*25 Years at JFCS*  
Dori & Herb Weisman

**David Posen**  
*Special Birthday*  
Karen & Morris Davidman

**Lynn Lederman & Ken Raskin**  
*Sara's Wedding*  
Janet & Howard Tarkow

**Sarika & Zach Ringer**  
*Birth of Sonia*  
Allan Soposnick

**Joan & Ben Rischall**  
*Birth of Granddaughter, Vera*  
*Quinn*  
Alaine & Howard Wilensky

**Ellen & Charles Riskin**  
*A Happy and Healthy*  
*New Year*  
Jill & Steven Gottlieb

**Cheri Rolnick**  
*Special Birthday*  
Barbara & Neal Frank

**Tema & Marty Rosenbaum**  
*Birth of Granddaughter,*  
*Eva Madeline*  
Alaine & Howard Wilensky

**Rothman Law & Consulting**  
*30th Wedding Anniversary*  
Sheldon Klugman

**Joyce Rubin**  
*75th Birthday*  
Wendy Fox & Jeff Barin

**Donald Rudin**  
*90th Birthday*  
Harriette & Fred Burstein  
Arlene & Sidney Harris

**Sue Savett**  
*Special Birthday*  
Marsha Chernoff Golob

**Janice & Jeff Schachtman**  
*50th Wedding Anniversary*  
Joanne & Douglas Savitt

**Janice & Jeff Schachtman**  
*Mindy's Engagement and*  
*Michael's Engagement*  
Joanne & Douglas Savitt

**Jane & Jon Schwartzman**  
*Wedding Anniversary*  
Shelly Reichert & Marty Bell

**Jane & Jon Schwartzman**  
*Birth of Henry Ellis*  
Jennifer & Richard Ezrilov

**Elizabeth Fine & Matthew Segal**  
*25th Wedding Anniversary*  
Millie Segal

**Lisa Segal**  
*Birthday*  
Millie Segal

**Lynne Segal**  
*85th Birthday*  
Jean Rivkin

**Melissa & Daniel Segal**  
*Birthdays*  
Millie Segal

**Rose Jean Sharpe**  
*105th Birthday*  
Sally Rubenstein  
Edie & Larry Zidel

**Dr. Alan & Marlan Shraber**  
*New Home*  
Vicki Schraber

**Jake Sieger**  
*Wedding Anniversary*  
Barbara Bearmon

**Paula & Michael Sieger**  
*Wedding Anniversary*  
Barbara Bearmon

**Kim & Rob Silver**  
*Ari's Bar Mitzvah*  
Paula & Robert Maisel

**Fifi & Michael Simon**  
*25th Anniversary*  
Lynne & Andrew Redleaf

**Helen Smith**  
*95th Birthday*  
Nancy & David Goldstein

**Sandy Sondell**  
*Special Birthday*  
Ann & Neil Covin

**Liz & Richard Spicer**  
*50th Wedding Anniversary*  
Susan & Barry Taran

**Marjorie & Jerry Stempel**  
*50th Wedding Anniversary*  
Ann Hunegs

**Liba Stillman**  
*Special Birthday*  
Loni & Darrell Ansel  
Linda & Miles Braufman  
Peggy & Billy Cohn  
Carole & Marty Kaplan

**Tom Stillman**  
*Special Birthday*  
Loni & Darrell Ansel  
Linda & Miles Braufman  
Peggy & Billy Cohn  
Carole & Marty Kaplan

**Rita & Rick Stone**  
*55th Wedding Anniversary*  
Judy & Larry Kaplan  
Harriet Swatez

**Phyllis Sudit**  
*90th Birthday*  
Harriette & Fred Burstein  
Eva Kieffer  
Barbara Stillman  
Norton Stillman  
Shirley & Larry Zipkin

**Sam Troup**  
*Birthday*  
Bobbie Goldfarb

**Bob Verb**  
*Birthday*  
Linda & Miles Braufman

**Janice Waller**  
*Special Birthday*  
Barbara Bearmon

**Janice & Bruce Waller**  
*70th Wedding Anniversary*  
Barbara Bearmon

**Bruce Walonick**  
*70th Birthday*  
Nance Alexander &  
Stan Eisenberg

**Helene & Hillard Ward**  
*Special Wedding Anniversary*  
Scott Burstein

**Joni Weiner**  
*70th Birthday*  
Cindy & Joel Shapiro

**Alaine & Howard Wilensky**  
*Birth of Granddaughter, Ava*  
Fran & David Bayer  
Joan Rischall & Anne Devitt  
Debra & Mitchell Gensler  
Vicki & Howard Londer  
Debby Rich  
Dana Rubin  
Sheryl & Randy Rutzick  
Julie & Brian Weisberg

**Heidi Wilensky**  
*Special Birthday*  
Sybil & Seymour Wilensky

**Seymour Wilensky**  
*Father's Day*  
Alaine & Howard Wilensky

**Karen & Alan Winner**  
*Wedding Anniversary*  
Arlene & Zvi Leibovich

**Anne & Allen Wolf**  
*50th Wedding Anniversary*  
Marcia & Mark Cherniack  
Elaine & Gary Dachis  
Linda & Jeff Noddle  
Linda & Tom Sklar

**Lisa & David Wolfe**  
*Rachel's Marriage*  
Charlotte & Richard Berman

**Fremajane Wolfson**  
*80th Birthday*  
Judy Graceman  
Janet & Howard Tarkow

**Connie Woodworth**  
*Special Birthday*  
Julie Silverman &  
Brett Weinberg

**Suzann & Steven Yussen**  
*55th Wedding Anniversary*  
Gail & Richard Weinberg

**Lynn & Ron Zamansky**  
*Granddaughter's Bat Mitzvah*  
Judy & Andy Halper  
Cindy & Doug Kanter

**Natalie Zamansky**  
*New Role as JFCS*  
*Board President*  
Fran & David Bayer  
Lee Friedman

**Natalie & Drew Zamansky**  
*Mia's Bat Mitzvah*  
Judy & Andy Halper

**Shirley & Larry Zipkin**  
*60th Wedding Anniversary*  
Loni & Darrell Ansel  
Rita & Larry Covin  
Judy Graceman  
Marilyn Marker  
Shelly Reichert &  
Marty Bell  
Linda & Tom Sklar

**Sylvia & Jack Zouber**  
*55th Wedding Anniversary*  
Carole Davidson

## *In Appreciation Of*

**Margie Abrahamson**  
*A Wonderful Brunch*  
Gloria Murman

**Kerry & Scott Bader**  
*Hospitality*  
Peggy & Billy Cohn

**Fran & Marvin Burstein**  
**Marci & Adam Carl**  
**Susan & Donald Dame**  
**Jennifer & Richard Ezrilov**  
**Julie & David Ezrilov**  
**Janet & Lou Hockenberg**  
**Roberta & Howard Liszt**  
**Paula & Robert Maisel**  
**Cyril & John Mandelbaum**  
**Susan & Michael Shields**  
Barbara & Tom Carlstrom

**Bob Cohen**  
Kristi Bader & Gary Swartz

**Judy Git**  
Abby & Sandy Barin

**Josh Jennings**  
Amy Weiss

**Debbie & John Orenstein**  
Lynne & Andrew Redleaf

**Mindy & Bill Salper**  
Midge & Barry Frailich

**Annette & Vic Sandler**  
Judy Cooperman

**Howard Tarkow**  
Diane & Ivan Arenson

**Joe Thiegs**  
Minnesota Jewish  
Community Foundation

**Judy & Stephen Witebsky**  
Midge & Barry Frailich

## *Thinking Of You*

**Darrell Ansel**  
Jana Rubin

**Janice & Jules Goldstein**  
Rosanne & Larry Jacobsen

**Mrs. Ed Linker**  
Sharon & Marvin Resnick

**Paul Wernick**  
Sue & Chuck Muscoplat

## *A Speedy Recovery To*

**Ronald Abrams**  
Gail & Bill Ribnick

**Darrell Ansel**  
Lynn & Bernard Abramson  
Linda & Miles Braufman  
Margie & Stuart Cohen  
Rita & Larry Covin  
Judy Emmons  
Suzi Nathanson  
Shelly Reichert &  
Marty Bell  
Ricki Butwinick &  
Jim Tankenoff  
Sandra Wallack  
Shirley & Larry Zipkin

**Lanny Berke**  
Barbara Friedman

**Joy Bratter**  
Lynn & Bernard Abramson  
Rollye & Chuck Rinkey

**Miles Braufman**  
Rita & Larry Covin  
Dory & Isaac Einisman  
Mary & Bob Mersky  
Shelly Reichert &  
Marty Bell  
Jana Rubin  
Ricki Butwinick &  
Jim Tankenoff  
Sandra Wallack  
Paul Yellin

**Norman Cohen**  
Jim Tankenoff

**Ann Covin**  
Janie & Orrin Kirschbaum  
Sue & Chuck Muscoplat

**Steven Dobrin**  
Rollye & Chuck Rinkey

**Gary Grossman**  
Barbara Friedman

**Bonnie Heller**  
Joyce & David Abramson

**Les Meltzer**  
Ann & Neil Covin  
Janie & Orrin Kirschbaum

**Leslie Nerenberg**  
Gail & Bill Ribnick

**Michael Plitman**  
Judy Emmons

**Joan Reichert**  
Suzi Nathanson

**Dennis Rivas**  
Janie & Orrin Kirschbaum

**Shelley Segal**  
Delores Kelber

**Mark Simon**  
Robin & Bryan Landy

**Linda Sklar**  
Linda & Miles Braufman  
Shelly Reichert &  
Marty Bell  
Jana Rubin  
Ricki Butwinick &  
Jim Tankenoff

**Andrew Stillman**  
Robin & Bryan Landy

**Ruth Usem**  
Judy Emmons  
Marilyn Marker  
Shelly Reichert &  
Marty Bell  
Sybil & Seymour Wilensky

**Bob Verb**  
Linda & Miles Braufman

**Robert Warshawsky**  
Rollye & Chuck Rinkey

**Harold Weisberg**  
Rita & Larry Covin

**Julie Yarosh**  
Sara & Jason Mostofsky

## *Yahrzeit Of*

**Max Fallek**  
Corrine Goldsmith

**John Maloy**  
Amy & Lee Friedman

## *In Memory Of*

We note the following individual who passed away between June 1 and Aug. 31, 2023. We thank their families for thoughtfully designating JFCS for their memorials. It is a beautiful tribute to those who passed and a fitting way to ensure their legacy will continue to enhance the lives of many others in the community. May their memories always be for a blessing.

**Roslyn Fletcher**

**Rabbi Kassel Abelson**  
Scott Burstein  
Marsha Finkelstein

**Lucille Abramovitz**  
Karee & Brad Lehrman  
Sharon Lehrman &  
Steve Ptaszek

**Bruce Aho's Wife**  
Barbara & Bob Weinstine

**Harvey Alstodt**  
Melanie & Vic Greenstein

**Gerald Altman**  
Barbara Bearmon  
Jerry Bronstien  
Rosann Kahner  
Rhoda Toles

**Maddie Banwell**  
Lisa & Douglas Epstein

**Marilyn Baum**  
Shari & Ronald Barry  
Sara & Marty Chelstrom  
Amy & Lee Friedman  
Shelley Kornblum &  
Mickey Greenberg  
Gloria Jaffe  
Lori & Dan Leavitt  
Ruth Paley  
Lorna Ross  
Jim Tankenoff  
Ruth Usem  
Judi Belzer & Jerry Waldman  
Amy & Dan Weiss

**Jerilynn Barber**  
Micki & Burt Danovsky

**Snake Bloomstrand**  
Bob Edelstein

**Judy Brill**  
Melanie Barry

**Scott Bunin**  
Lilly & Hersh Berman  
Debbie & Mark Bernstein  
Cheryl & Jack Perecman  
Joyce & Mike Shapiro  
Anna & Charles Silverman  
Sandy Teichner

**Cheiko Campiola**  
Rosalie & Fredric Goldberg

**Judi Cytron**  
Ronnie Burstein  
Julie & David Ezrilov  
Robin & Jim Gale

**Richard Davis**  
Sue-Ann & Gary Garvis  
Diane & Louis Goldenberg

**James Ehrlich**  
Corrine Feinberg  
Barbara & Neal Frank  
Eva Kieffer

**Paul Estrin**  
Stephen Harris



**Sheldon Feldman**

Allan Garvis  
Barbara Masler &  
David Perlman

**Roslyn Fletcher**

Carol Barnett  
Meg Barrett  
Reina Brekke

**Frank Gordon**

Scott Burstein  
Diane & Louis Goldenberg

**Ralph Gould**

Leslie & David Orenstein  
Susan & Richard Proman  
Sheryl & Randy Rutzick  
Phyllis Sudit  
Randi & Barry Wolfish

**Walter Graff**

Paula & Arvin Cohen

**James Gurovitsch**

Jordana Passon

**Barbara Harris**

Sheri & Steve Abrams  
Molly & Sid Bader  
Gail & Earl Bender  
Ricki Butwinick  
Peggy & Billy Cohn  
Diane & Louis Goldenberg  
Gloria Jaffe  
Cindy & Doug Kanter  
Janie & Orrin Kirschbaum  
Joyce Moscoe  
Lisa & Bruce Peilen  
Charlene & Michael Plitman  
Shelly Reichert &  
Marty Bell  
Ellen & Earl Reinhardt  
Vicki & Dennis Rivas  
Barry Rubin  
Roz & David Schwartzman  
Amy Silvermann  
Linda & Tom Sklar  
Kristi Bader & Gary Swartz  
Harriet Swatez  
Jim Tankenoff  
Ruth Usem  
Barbara & Bob Weinstine

**Joel Held**

Bette & Lon Blumenberg  
Jacalyn & Bill Broze  
Leslie Held & Jim Chucker

**Paul Hiller**

Eleanor & Bernard Borkon  
Jeanne & Stan Kagin

**Tracy Hultgren's Father**

Greg Leder & Tom Glaser

**Rosanne Jacobsen's Mother-In-Law**

Angie Podvin

**Harvey Kaplan**

David Adelman  
Mark Kaplan

**Jody Lynn Kaplan**

Leonard Lichtblau

**Arlene Kellstein**

Malcolm Kellstein

**Eric King-Smith**

Emily Ihara  
Susi Saxl & Robert Kramer  
Noah Levine

**James Knopick**

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**Toby & Manny Kohen**

Molly & Sid Bader  
Joanne Ferraro &  
Bob Beugen  
Bev & Bill Fishman  
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Marilyn Marker  
Sally Masnek  
Kori & Charles Savitt  
Joyce & Mike Shapiro  
Karen Sims

**Louis Kotlarz's Sister Betty**

Patricia Kenton &  
Philip Politz

**Jeff Kozberg**

Peggy & Billy Cohn  
Amy & Lee Friedman  
Bobbie Goldfarb  
Judy & Andy Halper  
Rosanne & Larry Jacobsen  
Marilyn Marker  
Ruth Paley  
Annette & Vic Sandler  
Phyllis Sudit  
Judi Belzer & Jerry Waldman  
Amy & Dan Weiss

**Tammy Kray**

Primera Technology Inc

**Averill Kronick**

Janie & Orrin Kirschbaum

**Edith "Edy" Lange**

Roz & Fred Kaplan

**Liza Levin**

Eileen & James Gantman

**Mary Jane Liss**

Maurine Shink

**Francie Lurie**

Sally Forbes Friedman  
Jethra Brand & Duane Kelm

**Ron Mankoff**

Sharie & Jerry Frank

**Donald Masler**

Barbara Masler &  
David Perlman

**Les Mason**

Karen & Morris Davidman

**Steve Mostofsky**

Barbara Bearmon

**Berdie Muscoplat**

Debbie Dachis Gold &  
Michael Gold

**Henry Nass**

Diane & Louis Goldenberg  
Arlis Grossman  
Sue & Harold Koritz

**Steve Newman**

Kerry & Scott Bader  
Wendy Fox & Jeff Barin  
Irene Bartram  
Jill & Kevin Brazner  
Mary Flint  
Mari Forbush &  
Don Salisbury  
Judy Harris  
Jeanne & Stan Kagin  
Mitzi & Terry Kane  
Leslie Koepke  
Susan & Cliff Lake  
Cynthia Launer &  
Will Thomas  
Saralee Mogilner  
Marlene & Thomas Moscoe  
Samantha & Scott Moscoe  
Lisa & Bruce Peilen  
Cynthia Rosenblatt Ross  
Vicki Schrabner  
Yvonne & Chuck Selcer  
Toodie & Frank Trestman  
Ruth Usem  
Ardis & Thomas Wexler

**Joseph Novich**

Roz & Fred Kaplan  
Delores Kelber  
Janie & Orrin Kirschbaum

**Arlene Perloff**

Karen & Russ Rubin  
Judie & Cary Shaich  
Sarah & Ross Shaich

**Sara Pieser**

Vicki & Ben Pieser

**Sheldon Resig**

Amy & Lee Friedman  
Barbara Friedman

**Sumner Richman**

Greg Leder & Tom Glaser

**Jeffrey Ring**

Lisa & Bruce Peilen

**Reid Robbins**

Scott Burstein

**Ravelle Rosen**

Fran & David Bayer  
Scott Burstein  
Sherri & Larry Feuer  
Eileen & David Kohn  
Alice & Steven Schultz

**Marc Rosenberg**

Myrna & Gary Bell  
Lori & Brad Fritz  
Marlene & Thomas Moscoe

**Irving Rosenblum**

Peggy & Billy Cohn  
Janie & Orrin Kirschbaum

**Audrae Rosenzweig**

Joyce & Mike Shapiro  
Harriet Swatez

**David Roston**

Anne & Bob Strachota

**Norman Sadis**

Kathi Balaban &  
Phil Schneider

**Edward Samuels**

Sandra & Louis Bennett  
Karen & Irving Katz  
Gloria Murman  
Vicki Schrabner

**Betty Schwartz**

Marilyn Chern

**Marlene Schwartz**

Melanie Barry  
Gail & Earl Bender  
Bette & Lon Blumenberg  
Karen & Irving Katz  
Babe & Norm Wartnick

**Steven Segal**

Kerry & Scott Bader  
Shelly Reichert &  
Marty Bell

**Marilyn Shapiro**

Jethra Brand & Duane Kelm

**Dorothy Shear**

Anna & Charles Silverman

**Robert "Babe" Shragg**

Bette & Lon Blumenberg  
Harriette & Fred Burstein  
Corrine Feinberg  
Amy & Lee Friedman  
Barbara Friedman  
Leslie & David Orenstein  
Hindy & Scott Tankenoff

**Barbara Sigel**

Joyce & David Abramson  
Melanie Barry  
Elaine & Gary Dachis  
Karen & Morris Davidman  
Carol & Mark Epstein  
Diane & Louis Goldenberg  
Abbie Miller  
Barry Rubin

**Ileane Silver**

Leslie Held & Jim Chucker

**Bruce Simon**

Peggy & Billy Cohn  
Sherri & Larry Feuer  
Cindy & Doug Kanter  
Donna Krietzman  
Cari & Jeff Shaw

**Rowan Solomon's Mother**

Marcia & Mark Cherniack

**Gary Tankenoff**

Lynn & Bernard Abramson  
Kerry & Scott Bader  
Molly & Sid Bader  
Irene Bartram  
Joanne Ferraro &  
Bob Beugen  
Linda & Miles Braufman  
Ricki Butwinick  
Peggy & Billy Cohn  
Carol & Mark Epstein  
Corrine Feinberg

**Amy & Lee Friedman**

Sally Forbes Friedman  
Diane & Louis Goldenberg  
Deea & Malin Greenberg  
Teri & Michael Greenstein  
Cindy & Doug Kanter  
Linda & Jeff Noddle  
Lisa & Bruce Peilen  
Susan & Richard Proman  
Cynthia Rosenblatt Ross  
Jana Rubin  
Lynne Segal  
Loreen & Perry Silverman  
Brenda & Ben Soumekh  
Ruth Usem  
Gisell & Richie Wien

**Howard Weiner**

Rhonda Stein & Stuart  
Goldenberg

**Steven Wolf**

Shelley Kornblum &  
Mickey Greenberg

**Susan Yellin**

Linda & Miles Braufman  
Janie & Orrin Kirschbaum  
Mary & Bob Mersky  
Harriet Swatez

**Sylvia Zouber**

Marilyn & Larry Barenbaum  
Marilyn Chern  
Ann & Neil Covin  
Ruthie & Jim Feinstein  
Aimee & Noah Feldman  
Lee Friedman  
Deea & Malin Greenberg  
Judy & Andy Halper  
Judy Harris  
Jory M. Herman  
Anne & Bruce Hope  
Rollie King  
Joey & Jerry Laurie  
Marnie & Jordan Marmet  
Ruth Paley  
Louise & Joe Price  
Rollye & Chuck Rinkey  
Vicki & Dennis Rivas  
Dana Rubin  
Ali & Scott Salita  
Joanne & Douglas Savitt  
Jerry Stamm  
Suzi & Michael Stanley  
Harriet Swatez  
Hindy & Scott Tankenoff  
Diane & Russell Walzer  
Sonia & Steve Winthrop  
Harriet & Arthur Wiss  
Marilyn Bix & Nate Wolk

**In-Kind Gifts**

Thank you to our generous donors who provided JFCS with non-cash items and opportunities for our clients between June 1 and Aug. 31, 2023.

**Judi Belzer &  
Jerry Waldman  
Michael Rabin**



> COMMUNITY SERVICES

## Hag Sameach

*making holidays brighter for those in need*

## The Hag Sameach (*Happy Holidays*) program provides holiday gifts to families and individuals who are in need.

Now in its 31<sup>st</sup> season, the Hag Sameach (*Happy Holidays*) program ensures joyous holiday celebrations for families and individuals in need by providing them with gifts and ritual items. In 2022, almost 900 individuals and families were served thanks to the generosity and dedication of our donors, volunteers, and referrals from professional and community leaders.

As the need continues to grow, your support is vital to the success of Hag Sameach. Whether you give your time or contribute financially, you will help the holiday lights burn brighter for so many in our community. Here's how you can help:

### ♥ DONATE

#### What:

- Gift items for children of all ages and adults are needed. There are so many ways to donate, choose what works best for you!

#### How:

- Purchase gifts online through our Target registry or our Amazon registry
- Make a monetary donation to allow us to personalize gifts for any special requests or accommodations.
- Adopt-A-Family opportunity is a great way to feel a connection with the recipient family. For more details, visit [jfcsmpls.org](http://jfcsmpls.org) and click "Hag Sameach," or email Mindy at [mteele@jfcsmpls.org](mailto:mteele@jfcsmpls.org).
- If you are out shopping and find an item you feel would bring a smile to someone who is in need, that is perfect as well!
- If you would like a copy of our wish list, please email Mindy at [mteele@jfcsmpls.org](mailto:mteele@jfcsmpls.org).

#### When:

- We accept both online and in-kind donations throughout the year as we prepare for the winter holidays and to help provide items to people in our community beyond the holidays as needed.

### ♥ VOLUNTEER

#### Organize:

- Organize, sort and create gift baskets

#### Bag it Up:

- Gather and bag up gifts from our inventory

#### Wrap it Up:

- Help gift wrap

#### Deliver:

- Deliver gifts and discover whose smiles are bigger – yours or the gift recipients!

#### Remote Opportunities:

- Learn more at [jfcsmpls.org/Hag-Sameach](http://jfcsmpls.org/Hag-Sameach)

#### How:

- Sign up online: [signup.com/go/nCFkvKe](http://signup.com/go/nCFkvKe)
- Email Mindy at [mteele@jfcsmpls.org](mailto:mteele@jfcsmpls.org)

### ♥ RECEIVE

If you are having hardships in celebrating the holidays – whether it is due to financial difficulties, medical reasons, isolation, or something else – JFCS is here for you!

Please call 952-546-0616. JFCS' Intake & Resource Coordination staff can connect you to the Hag Sameach program to receive gifts and ritual items for individuals and families in a confidential manner.

You are also welcome to contact your synagogue and get a referral through synagogue staff.

### Did you know?

If you would like to sponsor a part of the program, there are a lot of great opportunities. To learn more about our bronze, silver and gold sponsor levels, please contact Dana Rubin at [drubin@jfcsmpls.org](mailto:drubin@jfcsmpls.org).

**CONTACT: Mindy Teele, Hag Sameach Manager**  
952-542-4870 | [mteele@jfcsmpls.org](mailto:mteele@jfcsmpls.org)



I recently  
retired and am looking  
for a meaningful way  
to spend my time.

I am looking  
for volunteer  
opportunities  
to do with  
my kids.

I just moved  
here and am looking to  
volunteer - it was a big  
part of my life  
out west.



 just call  
**JFCS**  
952-546-0616

## Volunteering

Our dedicated volunteers play a critical role in ensuring that JFCS is Here for all. *Always.* We offer short- and long-term volunteer opportunities for people of all ages. Volunteers provide critical support to those in need through our programs serving both the Jewish and non-Jewish communities. Volunteer needs and opportunities fluctuate throughout the year. We invite you to learn more about becoming a JFCS volunteer.

Check out our website for a list of volunteer opportunities, or for more information, reach out to Dana Shapiro  
[dshapiro@jfcsmpls.org](mailto:dshapiro@jfcsmpls.org)  
952.417.2112



# JFCS Endowment Funds

*Providing support annually and for the future*

**Bill and Bailee Aberman Family Fund** for the hearing impaired and for use as needed for client services

**David and Joyce Abramson Family Camp Scholarship Fund** for children and youth who, without such scholarships, would be unlikely to have a camp experience

**'Anonymous Fund** to support the Twin Cities Jewish Healing Program

**Anonymous Fund** to help improve the quality of life for the elderly who struggle with mental illness

**Bob and Sharon Ansel Fund** to support adults with disabilities (Caring Connections program)

**Darrell and Loni Ansel Family Fund** to support programs and services for children

**Donna and Alvin Apple Family Fund** for use where most needed

**Lorraine and Sidney Applebaum Family Fund** for use where most needed

**Birdie L. Appleman Fund** to support programs and services to individuals with developmental disabilities

**Molly and Sid Bader Family Fund** for children with special needs

**Anita and Ben Badiner Family Fund** for use where most needed

**Bernard and Fern Badzin Fund** for use where most needed

**Barry K. Baines, M.D. Twin Cities Jewish Healing Program Fund** to support the Twin Cities Jewish Healing Program

**Margie and Michael Baker Fund** to provide scholarships for guidance counseling

**Ronald S. Bannack Memorial Fund** for food security

**Barbush/Bartram Fund** for use where most needed

**Marilyn and Larry Barenbaum Family Fund** for older adults and children

**Wendy Fox and Jeff Barin Family Fund** for use where most needed

**Alex, Ben and Jacob Barry Children's Fund** for services to children

**Melanie Goldberg Barry and Family Fund** for use where most needed

**Michael and Etta Barry Family Fund** for use where most needed

**Bass/Weinblatt Family Fund** to support family programming

**Irving and Deane Bassin Senior Assistance Fund** to support programs and services for older adults

**Ralph and Charlotte Bearman Family Fund** to support services for older adults and for vocational programs

**Barbara D. and Lee Bearmon Fund** to support programs and services to children with special needs

**Belzer Family Fund** for children and older adults

**Jane and Steve Benowitz Fund** for assistance with medical and dental needs

**Fred and Margo Berdass Family Fund** to support services to those in need

**Carol and Rick Berg Family Fund** to assist children with physical, emotional or intellectual issues

**Charlotte and Richard Berman Family Fund** for use where most needed

**Joanne Ferraro and Robert Beugen Fund** to provide cultural scholarships to encourage young people with special interests

**Sheri and Les Biller Family Fund** for émigré educational scholarships and general programming

**Birger/Goldenberg Family Fund** to support Jewish Camp Scholarships

**Linda and Miles Braufman Family Fund** to support older adult services to include assisted transportation, respite care or where most needed

**Ghita Davis Brody "Dare to Dream" Healing Get-Away Fund** to help children who are ill, and their families, with recreational and cultural needs

**Broms Family Fund** for use where most needed

**'Elaine Budd Special Family Life Education Fund**

**Caring for Our Children Fund** to support programs and services to children with autism spectrum disorders and other disabilities

**Chalfen Family Fund** for use where most needed

**Sarah and Ida Chapman Camp Scholarship Fund**

**Stuart A. Chazin Young Adult Outreach Fund**

**Richard and Marilyn Chern Healthcare Assistance Fund** to support financial assistance with prescription medication, dental or vision care or other medical related expenses

**Arvin Cohen Hustle Athletic Fund** to support children and youth to participate in athletic activities

**Joe and Fredell Cohen Family Fund** for use where most needed

**Laura Leiderman Cohen Fund** to support the Twin Cities Jewish Healing Program and programs for people with disabilities

**Edythe and Haskell Cohodes Special Needs Inclusion Fund** to provide staff and resources to children with special needs

**Judy and Rod Cooperman Family Fund** for use where most needed

**Stan Cowle Memorial Fund** to support programs and services for older adults

**Leo and Yetta Cram Maintenance Minyan Fund** to provide household maintenance services to older adults and people with disabilities

**Dachis Family Fund** for services to children or where most needed

**Davidman Family Fund** to support education and children's needs

**Jesse Davidson Fund** to support services related to substance abuse

**Stephen J. Davidson Technology Fund** to support technology used to support the services JFCS provides

**Ruth Davis Fund** to support athletic opportunities for youth

**Deikel Family Fund** for Mental Health Support Services (MHSS)

**Mike and Mitzi Diamond Family Fund** to support Camp Scholarships

**Robert and Susan Diamond Emergency Financial Assistance Fund**

**Allie and Mark Divine NextGen Fund**

**Rita and Harold Divine Fund** for use where most needed

**Domestic Abuse Fund** to provide prevention education and training

**Domestic Violence Support and Prevention Fund** to support victims of domestic violence

**Caron H. Dubinsky Fund** to provide assistance to single parents and financially-challenged families with school-related costs for Jewish education

**Elliott S. Dubinsky Fund** to support the ParentChild+ program

**Lillian Dubinsky-Wishnick-Muscovitz/Muriel Dubinsky Fund** to assist with educational costs for youth with disabilities

**Doris and Mischa Dworsky Fund** for emergency financial assistance

**Peretz Dworsky Fund** for use where most needed

**AnnRita Edelberg Fund** to assist clients who are hearing impaired

**Michael Engler Children's Fund** to support programs and services for children

**Michael Engel Memorial Fund** for use where most needed

**Mark and Carol Epstein Family Fund** to provide support to children with special needs

**Richard and Jennifer Ezrilov Family Fund** for use where most needed

**Vivian and Bob Ezrilov Fund** to support services to children

**Corrine and Tom Feinberg Fund** to support programs related to Jewish education for children

**David E. Feinberg Family Fund** for use where most needed

**Francine and Neil Feinberg Healing Fund**

**Joan and Arnold Feinberg Fund** for use where most needed

**Feinstein/Dworsky/Molever Fund** to support JFCS Senior Services and Counseling

**<sup>1</sup>Harry Feinstein Memorial Fund** to meet the needs of Russian Jewish immigrant children

**Aaron Feuer Fund** to provide mental health services for adolescents and young adults

**Ida Finne and Janice Kwiat Fund** for services to the elderly

**Gerda and Haskel Fishman Fund** to support senior services or camp scholarships

**Mike and Linda Fiterman Youth Experience Fund** to provide youth with special opportunities

**Robert and Virginia Forbush Fund** for use where most needed

**Frank Family Perpetual GIVE Fund** to support programs and services

**Barbara and Neal Frank Fund** for use where most needed

**Bruce Frank Fund** for use where most needed

**Jerry and Sharie Frank Family Fund** for mental health services

**Libby and Ben Frank Fund** to support programs and services for individuals with special needs, with a focus on children

**Shirley and Byron Frank Family Fund** for JFCS Senior Services

**Nancy and Stuart Friedell Family Fund** for use where most needed

**Renee, Jim and Joan Gainsley Family Fund** for use where most needed

**Gale, Herman, Segal Fund** for use where most needed

**<sup>1</sup>Markus and Sabina Gapany Prescription Drug Fund** for the elderly to help with the cost of prescription drugs

**Debbie & Mickey Gensler Choose Kindness Fund** to offer support and prevention of childhood bullying.

**Ida and Bernard Gingold Fund** for use where most needed

**Roy Ginsburg Fund** to support JFCS Senior Services

**Greg, Tom, and Elliot Glaser-Leder Fund** for expenses associated with adoption and child welfare

**David and Dorothy Glickson Senior Transportation Fund** to support transportation services for older adults

**Leah Golberstein Family Fund for the Twin Cities Jewish Healing Program**

**Gold Family Children's Fund** to provide services to children

**Richard H. Goldblatt Healing Fund** for use where most needed

**<sup>1</sup>Barbara and Steve Goldfarb Designated Fund** to benefit the Jewish Youth Mentoring Program

**Cindi and Harold Goldfine Fund** to support the JFCS Annual Benefit Dessert Reception

**<sup>2</sup>Cindi and Harold Goldfine Family Fund** to support Education and Learning

**Sylvia and Arnold Goldman Fund** for use where most needed

**Lois and Stanley Goodman Family Fund** for services to children and young adults, and to support hospice services and programs

**Bernice Cowl Gordon Mitzvah Fund** for use where most needed

**Gary A. Gordon Family Fund** for children with special needs

**Guita Bearman Gordon Scholarship Fund** for women in rabbinical or cantorial studies

**Sewell Gordon Scholarship Fund** to support educational expenses based on need and merit

**Jacob and Golda Gottlieb Twin Cities Free Loan Fund** to support the Jewish Free Loan Program in the Twin Cities area

**Adeline and Mel Gould Family Fund** for use where most needed

**Jimmy Grais Fund** to provide mental health support

**Arlis and Erwin Grossman Family Fund** for use where most needed

**Kopple and Anita Hallock Family Fund** to provide services for children in foster care, residential placement and other impermanent living situations

**Judy and Andy Halper Family Fund** for use where most needed

**Halpern Green Family Fund** for use where most needed

**Arlene and Sidney Harris Family Fund** for use where most needed

**Sid Hartman Fund** to support the Jewish Youth Mentoring Program

**Louis & Bessie Heck, Harold & Marion Kaplan and Eugene Heck Memorial Fund** for use where most needed

**Elissa Heilicher Family Fund for Healthy Family Relationships** to support programs and services to combat Jewish domestic abuse

**Avron (Ron) C. Heiligman Healing Fund** to support activities of the Twin Cities Jewish Healing Program

**Jory M. Herman Family Summer Youth Experience Fund** to assist youth to attend summer camp or have an Israel experience

**<sup>1</sup>Agnes Berenberg Hoffman Tribute Fund** for emergency financial assistance to older adults

**Holocaust Survivors Fund** for special programs and services for survivors

**Sam and Frances Hymanson Scholarship Fund** for college scholarships

**Mark (Pesach) Jaffe Fund** to support services and programs of the Twin Cities Jewish Healing Program

**JFCS Bequest Fund** for use where most needed

**JGB Fund** to support the Jewish Free Loan Program

**Marvin A. Jolson Fund** to support individuals with Parkinson's Disease and their families

**Al, Stan and Jeanne Kagin Family Fund** for use where most needed

**Bruce R. Kahn Endowment Fund** to support services for the elderly

**Orlee and Jeffrey Kahn Family Fund** for use where most needed

**Janice and Steven Kalin Family Fund** for use where most needed

**Joe and Estelle Kane Family Fund** to support JFCS Senior Services

**Doug and Cindy Kanter Family Endowment Fund** for use where most needed

**Carole and Marty Kaplan Family Fund** for use where most needed

**Esther and Reuben Kaplan Fund** for educational expenses for single mothers and their children

**Michael and Beverly Karch Security and Safety Fund**

**Bob and Stefanie Karon Fund** to support mental health services for adolescents

**Maynard Katz Tennis Scholarship Fund** to support junior tennis scholarships for young athletes in need of financial assistance

**Alvin and Audrey Kaufman Fund** for use where most needed

**Delores and Robert Kelber Fund** for use where most needed

**†Margaret Kelen Emergency Aid to the Elderly Fund**

**Sharon and Marty Kieffer Family Fund** to provide mental health services and support for children and adults with disabilities

**Eva, Sheldon, and Marshall Kieffer Campership Fund** to provide camp scholarships

**†Jaeson and Marjorie Kline Tribute Fund** for emergency financial assistance to older adults

**Deborah and Gary Kohler Family Fund** for use where most needed

**Julie and Marc Kozberg Fund** to support services to seniors

**Grace and Marvin Kramer Fund** to provide emergency financial assistance to families with minor children

**Nettie and Ben Kramer Family Fund** for emergency financial assistance

**Kramer/Saxl Family Fund** for use where most needed

**Max and Eva Krause Memorial Fund** to support Senior Services and Holocaust Survivors

**Faye and Mayer Krupp Family Fund** for adults with developmental disabilities

**Lonia and Leon Kuperman Fund** for use where most needed

**Martin and Judy Kuretsky Family Fund** for use where most needed

**Jeanette and Max Kurnow Family Fund** to provide food, shelter and emergency assistance to people in need

**Teresa and Robert Laing Family Fund** to provide medical and dental care for children and older adults

**Cliff and Susan Lake Family Fund** to support services for children

**Robin and Bryan Landy Family Fund** to support volunteer work at JFCS

**Jerry Lavin Memorial Fund** to support services and programs to children, with priority to those with special needs

**Sam and Betty Lavine Family Fund** for use where most needed

**Russell F. Lederman Jewish Youth Mentoring Program Fund**

**Angela and Jack Leibman Family Fund** for use where most needed

**Judy Lehrman Fund** to support Caring Connections and the Inclusion Program

**Levenson/Spanier Family Fund** to provide mental health support services

**Robert and Sally Leventhal Family Fund** for use where most needed

**Margie and Leo Levie and Family Fund** to provide respite care for those who are caregivers for a frail older adult, ill spouse or sick child

**Carol and Jerry Levin Family Fund** for the Jewish Youth Mentoring Program and for services to older adults

**†Jeanne and Albert Levin Family Fund** to provide emergency aid to the elderly

**George and Marion Levine Fund** for use where most needed

**Joan and Robert H. Levine Family Fund** for services to children with learning and other disabilities

**Sid and Joanie Levinsohn Family Fund** for scholarships for higher education

**Lucky and Leonard (Butch) Levy Memorial Fund** to support recovery and addiction services

**Lichtblau Family Fund** to provide support to caregivers

**Ben and Ruth Liman Family Fund** for use where most needed

**Lois and Hy Liss Family Fund** to provide services to Parkinson's patients and their families, and to support programs and services to older adults

**The Jeffrey Locketz Memorial Endowment Fund** for Kosher Meals on Wheels and Senior Services programs

**Francelyne and Richard Lurie Family Spirit of JFCS Fund** for use where most needed

**Marian Maisel Mental Health and Healing Fund**

**Malakoff Family Fund** for use where most needed

**The Mark & Roberta Mandel Family Food Security Fund** so no one will ever be hungry

**Hymie and Doris Margolis Fund** for special experiences for children

**Alyssa and Jon Marker Fund** for use where most needed

**Jacob, Max and Sam Mars Fund** to assist children and youth with physical or emotional disabilities

**Metropolitan Mt. Sinai Fund** for medical prescriptions and transportation to medical appointments

**Alvin and Mildred Miller Fund** for use where most needed

**Ben Miller Foundation Fund** to support JFCS Senior Services

**Beryl and Florence Miller Family Fund** to support JFCS Senior Services

**Mogilevsky Family Fund** for use where most needed

**John Morgan Fund** for use where most needed

**Joyce and Donald Moscoe Family Emergency Fund**

**Jeffrey and Gloria Murman Family Fund** for use where most needed

**Charles and Candice Nadler Family Fund** to support the Jewish Youth Mentoring Program

**Edith and George E. Nadler Fund** to provide special services for seniors

**Nager Greenberg Fund** for educational scholarships for Jewish students based on need

**Corky and Bob Neuman Fund** for services to children

**Harriet and Nathan Newman Family Fund** to provide holiday assistance for Jewish older adults

**Louis Newman and Rabbi Amy Eilberg Fund** to support the Twin Cities Jewish Healing Program

**Irv Nudell Special Projects Fund** for use where most needed

**Jean Nudell Fund** to provide financial assistance and special opportunities for single mothers and children



**Alice Okrent Hag Sameach Fund** to provide holiday toys, items and other goods for families in need

**Okrent Wertheim Family Fund** to support mental health services

**Allen and Marcia Oleisky Fund** to support transportation and other services for Mental Health Support Services clients

**Robert E. Oleisky Fund** for young adult outreach and Mental Health Support Services

**Abe Olkon Fund** to support respite care

**Orbuch/Grayson Family Fund** to support competitive workforce training

**Ruth Paley Family Fund** to support staff professional development

**Parish Family Fund** for use where most needed

**Patients Assistance Fund** to financially assist with medical services

**Alvin and June Perlman Fund** to support programs and services for older adults

**Richard and Sara Pieser Children's Fund** to support programs and services for children

**Scott I. Pink Fund** for services to people with chronic mental illness

**Marcia and Aaron Pinkus Fund** to support inclusion for adults and children with disabilities

**Myrna L. Pinto Family Fund** for use where most needed

**Sharon Plotnick Memorial Fund** to support JFCS Senior Services

**<sup>2</sup>Tracey Popkin Spiwak Fund** to support programs in Senior Services

**Margot and Jenő Por Helping Hand Fund** to provide non-interest loans or grants, with priority given to single parents and new Americans

**Alina and Alexander Portnoy Fund** for use where most needed

**Steve and Jeanne Prawer Family Fund** to support Jewish children and their families by offering positive Jewish role models to children who can benefit from the relationship

**Tybie Proman Fund** for young adult programs and for services to adults with developmental disabilities

**Rabinowitz Porter Family Fund** for use where most needed

**Rafowitz Family Fund** to support services related to substance abuse

**The Amy Susan Raskin Mental Wellness Fund** to support mental health counseling

**Ilana Fay Ratner Fund** to provide training and education, emergency financial assistance, and support and advocacy for children with special needs and their families

**Sylvia and David Ratner Memorial Fund** for JFCS special needs and inclusion programs

**Rachel Raviv Hoffer Fund** to support the Jewish Youth Mentoring Program

**Andrew and Lynne Redleaf Fund** for programs and services to children

**Michael and Arlene Reich Fund** for kids to experience summer camp

**Marvin and Sharon Resnick Family Fund** to provide dental services to those in need and transportation services to older adults

**Nancy and Kevin Rhein Family Fund** for use where most needed

**Rollye and Chuck Rinkey Fund** for use where most needed

**Robbins Family Fund** for use where most needed

**Roberts Family Fund** for emergency financial assistance

**Robin Family University Merit Scholarship Fund** for educational expenses, based on merit and need

**Robins Family Fund** to support older adult services

**Robinson-Marks Mental Health Fund** to support mental health programs and projects

**Norton and Bert Rockler Family Fund** for vocational programs and for use where most needed

**Roitenberg Family Fund** for use where most needed

**Rolnick Family Fund** for use where most needed

**Phyllis and Justin Rosenblatt Fund** for services to children

**Ricky Rosoff Memorial Fund** to support the Jewish Youth Mentoring Program

**Marie L. Rothschild Fund** for use where most needed

**Karen Rubin Hag Sameach Fund** to provide holiday toys, items and other goods for families in need

**Lisa and Ben Rubin Family Youth Experience Fund** to support the Jewish Youth Mentoring Program

**Dr. Manly and Sybil Rubin Family Fund** to support the care or shelter of abused children or children in need

**William and Jacquie Rudelius Scholarship Fund** to provide scholarships to undergraduates in Minnesota State Schools

**Max and Linda Rutman Family Fund** for use where most needed

**Sabes Family Foundation Fund** for use where most needed

**Sally Salloway Memorial Fund** for emergency financial needs of individuals

**Saloshin Fund for special services** for older adults and émigrés

**Connell and Dorothy Saltzman Fund** for older adults and children with special needs

**Stephen and Suzanne Saltzman Fund** to support Alzheimer's, MS and ALS respite care

**Helen and Michael Sandler Fund** to support senior services

**Clara and Leonard Savitt Family Fund** for use where most needed

**Sborov Family Fund** for services to émigrés from the former Soviet Union and for use where most needed

**<sup>2</sup>Irv and Ruth Schloff Family Fund** for use where most needed

**Albert Schneider Memorial Fund** to support services for older adults and appropriate workshops or lectures

**Schochet Family Fund** for emergency financial assistance

**Anita B. Schwartz Fund** to support emergency financial assistance to the elderly

**Linda and Ivan Schwartzman Fund** for use where most needed

**<sup>1</sup>Roz and David Schwartzman Fund** for use where most needed

**<sup>1</sup>Martin and Gloria Segal Fund** for services to adults with chronic mental illness

**Millie and Howard Segal Acts of Kindness Fund** for use where most needed

**Joyce and Stanley Segelbaum Fund for Jewish recovery** to support JFCS Addiction and Recovery Services

**Serber Family Fund** to support services for children with disabilities

**Dick and Rossy Shaller Mentoring Fund** to provide adult mentors for children at risk

**Leonard and Zetta Shapiro Discretionary Fund** for use where most needed

**Sam and Lorraine Shark Family Emergency Fund** for emergency financial assistance

**Carl and Rose Jean Sharpe Family Camp Scholarship Fund** for children and youth who, without such scholarships, would be unlikely to have a camping experience

**Sidney Shields Simcha Fund** to support social and cultural outings for older adults and individuals with disabilities

**Monroe J. and Charlotte K. Shine Family Fund** for use where most needed

**Beverly Siegel Fund** to support the Twin Cities Jewish Healing Program

**Molly and Alexander Silver Family Fund** for use where most needed

**Bobby Silverman Memorial Fund** for children who are at risk

**Loreen and Perry Silverman Fund** for use where most needed

**Shirley and Frances Snyder Memorial Fund** for use where most needed

**Evlyn Solomon Fund** to support the Jewish Free Loan Program

**Harold and Fleurette Spear Fund** for Jewish camping experiences and other enriching experiences for children

**Janet Specht Memorial Fund**

**Jeanette and Allen Spencer Family Fund** to support the Jewish Inclusion Fund for People with Disabilities

**Mark Jon Starr Fund** to support services and programs of the Twin Cities Jewish Healing Program

**Rhonda Stein and Stuart Goldenberg Family Fund** for use where most needed

**Samantha, Ari and Dori Stein Tikkun Olam Fund** to support children's services and where most needed

**Marvin and Chelle Stillman Fund** to support the Twin Cities Jewish Healing Program

**Stillman Family Foundation Fund** for children's programs and services

**Marcia and Larry Swartz Fund** to support families in need of emergency financial assistance

**Susie and Stuart Swartz Family Fund** to support services for children with special needs

**Dr. Ian Swatez Medical Scholarship Fund** to support deserving medical students based on merit and need

**Hill and Arlene Sweet Fund** for use where most needed

**Gary and Marsha, Scott and Hindy Tankenoff Families Fund** to support hunger relief and hunger support programs

**James Tankenoff Family Fund** to support programs and services for children

**Elizabeth and Mayer Tapper Educational Fund** to support career services for individuals with barriers to employment

**Sidney and Roslyn Tarshish Family Fund** for Jewish educational, camping and travel experiences for children and young adults, and for Jewish individuals to pursue higher education

**Taswell-Moscowitz Family Fund** for use where most needed

**Twin Cities Gay/Lesbian/Bisexual/Transgender Program Fund** for the Jewish community

**Twin Cities Jewish Healing Program Fund**

**Twin Cities Mitzvahs Fund** to support the Jewish Youth Mentoring Program

**Ruth Usem Family Fund** to provide services where most needed

**Dr. Gary Velick Memorial Fund** to provide assistance with medical prescriptions and other medical needs

**Jerry Waldman Fund** to provide special experiences for children and youth, and professional enrichment for Jewish communal workers

**Bruce Walonick Family Fund** for counseling and mental health services

**Harry and Jeanette Weinberg Fund** for services to low-income individuals and families

**Weiner Family Fund** for innovative projects or for use where most needed

**Bob and Barbara Weinstine Fund** to support people with learning disabilities

**Dr. Martin and Marilyn Weisberg Family Fund** to support JFCS Senior Services

**Siegfried Weiser Memorial Fund** to support services for older adults and émigrés

**Dori and Herb Weisman Family Fund** for staff self-care training

**Steven and Debra Weiss Family Fund** to support JFCS Senior Services

**Shale and Joan Wilensky Fund** to support people with employment issues

**Sybil and Seymour Wilensky Family Fund** for use where most needed

**Wilson Sell Family Fund in honor of Sheri A. Sell** to support Mental Health and Counseling Services

**Norman and Sally Winer Fund** to provide emergency financial assistance to low-income older adults and youth

**Wiss Family Fund** to provide assistance to single parents and their families

**Sheldon and Judy Witebsky Family Fund** for use where most needed

**Anne and Allen Wolf and Stephan Wolf Memorial Fund** to support the Jewish Youth Mentoring Program

**Wolfish Family Fund** for use where most needed

**Fremajane and Blair Wolfson Fund** for Emergency Food Assistance

**Leo and Helen Wolk Fund** for use where most needed

**Yesnes/Finkelstein Family Fund** to support programs and services for children

**Young Women's Fund** to provide financial assistance to women to further their personal growth, education, recreation, fun, familial obligations and other wants and needs. The fund was created by Marshall Silberstein in memory of his wife, Debbie, an outstanding social worker, college instructor and friend to many.

**Zack Family Fund** for use where most needed

**David C. Zalk Fund** for children and youth

**Shirley and Larry Zipkin Transportation Fund**

**Zouber Family Fund** for use where most needed

## Named Funds for Immediate Use

**Eric and Sally Bressler Family Fund** to support the Jewish Free Loan Program

**Herbert A. Chernoff Fund** to support eye care for children and adults

**Kelner-Witebsky Memory Care Fund** to provide family consultations & education for caregivers

**MORE for NOW Fund** for mortgage or rent emergency assistance

**Jon and Diane Rappaport Family Fund** for use where most needed

**Waller Family Fund** to support Older Adult Services and the Jewish Youth Mentoring Program

**1-Endowment funds designated to JFCS through the Jewish Community Foundation**

**2-New Endowment funds established since July 1, 2023**

This list includes funds established through Oct. 15, 2023.

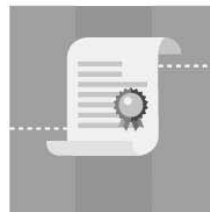
## Ways to *give*



**Cash, Check, Credit Card  
and/or recommend a  
distribution from your  
Donor-Advised Fund**



**Direct plan administrator  
to make a distribution**



**Donate appreciated stocks,  
bonds or mutual funds held  
more than one year**



**Make a legacy gift**

*For more information call 952-546-0616 or visit [www.jfcsmpls.org](http://www.jfcsmpls.org)*

## Leave Your Legacy, for Generations to Come

### Endowment Funds

Establishing an Endowment Fund is a wonderful and easy way to ensure that your commitment to Jewish Family and Children's Service of Minneapolis continues over time. A fund can be established with a minimum gift of \$2,500 (fulfilled in a number of ways) and can be used to benefit an area of special interest to you and/or your family or for general use to support JFCS' many programs and services. Your contribution is also fully tax-deductible.

We also encourage the growth of your fund through additional donations from you, family or friends and investment performance. Any donations made to your fund are acknowledged with a beautiful card from JFCS indicating that a contribution was made to your fund. Distributions from Endowment Funds are drawn throughout the year to support JFCS programs and services, and a yearly fund report is sent to each fund holder indicating contributions, growth and allocations.

*For more information, contact Development Director Dana Rubin at 952-542-4803 or [drubin@jfcsmpls.org](mailto:drubin@jfcsmpls.org).*

♥ Here for all. *Always.*<sup>®</sup>



# NextGen program continues to introduce young adults to JFCS and its mission

*JFCS NextGen Coordinator Molly Knopf highlights the group's recent activities and looks forward to what it has in store for 2024*

*Molly Knopf, who started as the JFCS NextGen Coordinator earlier this year, recently spoke about how the group serves as a resource for young adults who want to represent JFCS and its mission in the community.*

## **Why did the NextGen Coordinator position appeal to you? What makes the program unique?**

I got my start in the volunteer department at the Jewish Family Service (JFS) of Los Angeles before coming here and knew that I wanted to stay in the Jewish social services world. What initially drew me to NextGen was the opportunity to work with young adults to engage in tikkun olam in creative ways, which is a principle that is very important to me.

The JFS of L.A. had no young adult programs, as it had a larger focus on senior services. That was a really rewarding experience, but I was excited by the possibility of working with a completely different age group. NextGen was the kind of program I would join anyway as a transplant to the area interested in meeting other Jewish young adults, so I love that this is my job now.

## **What activities has NextGen been up to lately?**

I kicked off my start as coordinator with a barbecue at the outgoing coordinator's place in June, and since then, our Board has been meeting once a month to plan out the rest of the year. In September, we had a volunteering event with Open Arms of Minnesota in partnership with Volunteers in Action! We held our Fall Party in October, which was a great event, and we have our usual Hag Sameach volunteering events in November. In December, we're excited for the NextGen After-Party at JFCS' Annual Benefit, as well as a joint Chanukah Party with JFCS' Caring Connections program. It's been a busy start to this term!

## **The number of people from the NextGen demographic attending JFCS' Annual Benefit seems to be growing and this year there will be a NextGen After-Party at the event – what do you think is driving this interest?**

I'd like to say that it is that our program is achieving one of its goals – to introduce young adults to JFCS and all that it offers so that they can find ways to stay involved with the agency for a lifetime. We've been around long enough that many of our members have started families and joined PJ Library, and several of them have even graduated from the NextGen Board to what we call the "big board," or the main JFCS Board. It seems like a natural progression that a growing number of NextGen members would be interested in our Benefit, and we really want to offer opportunities for continued engagement in ways like hosting the Benefit After-Party.

## **What's on the horizon for NextGen in 2024?**

Plenty! We have some repeats of annual events, like our Spring Party or our Passover volunteering with Hag Sameach, so we're excited to continue those traditions. We're also looking at new avenues of collaboration, both with programs in JFCS and outside of it. For example, I was recently connected to a non-profit focused on getting kids school supplies, so I'm working with them to see if we can organize a service project or donation drive. The Board is focused on providing a wide range of volunteer opportunities alongside our usual social events, so expect a lot of those coming up!

## **Anything else you would like to add?**

If anyone reading is a young Jewish adult in the Twin Cities looking to be more involved in the community, or knows someone who fits that profile, please reach out to me! We are **always looking to connect** with people. It doesn't matter if you're new here or have lived in the Twin Cities your whole life, we want to provide a space for you.

# NextGen



NextGen Coordinator Molly Knopf



*We can't wait!*  
*Join us*  
 FOR OUR 35TH ANNUAL  
*Benefit*  
*cocktails • food • games • 7-10pm*

JFCS NextGen will be hosting an **After-Party** for people ages 21-36 at the JFCS Annual Benefit on Saturday, Dec. 2, at the Minneapolis Marriott Southwest in Minnetonka. For more information on JFCS NextGen, contact Molly Knopf at [mknopf@jfcsmpls.org](mailto:mknopf@jfcsmpls.org).

TICKETS | INFORMATION  
[www.tuneinjfcs.org](http://www.tuneinjfcs.org)



Members of JFCS NextGen recently volunteered at Open Arms of Minnesota's kitchen, where they created and packaged food to be delivered to clients of Open Arms, which serves critically ill individuals and their families.





# As demand for therapy remains high, JFCS Counseling program expands number of therapeutic approaches

*From Walk+Talk therapy to programs for children with anxiety, Counseling Manager Angela Cowan speaks about what makes JFCS' Counseling program unique*

**A**t JFCS, Counseling is a collaborative effort between the counselor and client. Our licensed therapists help clients identify goals and potential solutions to problems that cause emotional turmoil, improve communication, coping skills and symptom management, strengthen self-esteem, promote behavior change, feel better and function at their best.

JFCS Counseling Manager Angela Cowan, who started in her position in March, recently spoke about how the demand for therapy services remains high, the different types of therapies that JFCS Counseling program offers, and what someone who has never received counseling services can expect when they come to the agency.

## **Why did the Counseling Manager position appeal to you? What are the strengths of JFCS' Counseling program?**

After several years working in the mental health field, I was interested in a position that would allow me to continue to work in direct client services while also building skills in program management and supervision. My excitement grew as I learned more about the programming, mission, and values of JFCS. I continue to be amazed by the programs and services the agency offers to the community.

I am grateful for the opportunity to work not only at JFCS, but alongside the talented therapists on our Counseling team. There are five full-time therapists on our team with a wide range of clinical specialties. The JFCS Counseling team provides therapy for trauma, grief/loss, depression, anxiety, severe and persistent mental illness, and relationships, among other concerns. Our experienced and skilled team serves clients throughout the lifespan, including individuals and couples, and is continually working to build and hone our clinical skills.

## **A few years removed from the worst of the pandemic, has the demand for counseling services remained high?**

Yes – the demand has remained high. In the larger metro area, many therapists have waitlists or are not accepting new clients. On our Counseling team, we consistently have several new clients starting each month, and this fall we

have seen an increase in weekly counseling referrals. From the beginning of 2022 to today, we have seen a steady increase in clients seeking counseling services in JFCS. The number of clients our team works with has increased nearly 40% since the beginning of 2022.

## **What types of therapies does JFCS' program offer?**

JFCS offers several types of therapeutic approaches. Our therapists offer play therapy for children and SPACE (Supportive Parenting for Anxious Childhood Emotions) to work with parents of children with anxious emotions. For adults, our therapists can offer Walk+Talk therapy, Cognitive Behavioral Therapy (CBT), Dialectical Behavior Therapy (DBT), Acceptance and Commitment Therapy, Accelerated Resolution Therapy (ART), Eye Movement Desensitization and Reprocessing (EMDR), among other modalities. Our services for couples include Emotion-Focused Therapy (EFT), PREPARE and Discernment Counseling. We work with children, adolescents, adults, and partners. Some of our therapies can be specifically designed for clients healing from trauma. We can offer both in-person appointments and telehealth appointments.

## **For someone who has never received counseling services, what can they expect if they come to JFCS?**

When you reach out to JFCS for counseling services, you will first complete an intake with our Intake & Resource Connection (IRC) team. After completing that intake, you will be connected to a therapist. At your first appointment, you can expect to meet with a compassionate, caring and experienced therapist, who is there to learn more about your concerns – and ultimately what you are hoping therapy can help with. Our therapists will not and cannot tell you what to do, but they can listen to your concerns; walk with you on your journey; work with you to challenge behaviors and thoughts you want to change; and help you identify ways to regulate emotions that feel unmanageable.





## Getting started

The JFCS Counseling team provides a compassionate, warm, and judgment-free environment where you can explore the challenges you are facing. Our clinicians are contracted with most major insurance networks including Medicare and Medical Assistance. We offer both in-person and telehealth appointments, and we work with partners, parents, adults, adolescents, and children.

TO MAKE AN APPOINTMENT:  
[jfcsmpls.org/counseling](https://jfcsmpls.org/counseling) | 952.546.0616

## Now offering SPACE

We've expanded our counseling offerings for children and parents with SPACE (Supportive Parenting for Anxious Childhood Emotions). If you are a parent of a child experiencing anxious emotions and you would like to learn more, visit [jfcsmpls.org/counseling](https://jfcsmpls.org/counseling)



# A real-life update 15 years later:

## Caleb's story shows first-hand how ParentChild+ program leads to success

*Caleb, who participated in ParentChild+ before kindergarten, graduated from high school this spring*

JFCS is always so proud of the hundreds of families that graduate every year from our ParentChild+ program because we know they are taking the steps to set their children up for success. Decades of research shows children who participate in the pre-K home visiting program are 50% less likely to need special education services by third grade and 30% more likely to graduate from high school.

Nevertheless, we rarely get to hear firsthand accounts of high school success from former participants simply because it is so many years later. But that's exactly what happened this spring when Ruth Ann contacted us to proudly announce that her son, Caleb, a former ParentChild+ participant, was graduating from high school in June.

"We have always wanted to know more about the families we have served in Minnesota since we brought the program here in 2006," said Kristi Murray, JFCS Director of Education and Learning. "Ruth Ann and Caleb reaching out after all these years to share with us how much this program supported Caleb's learning, his school success, and how Ruth Ann was empowered in her parenting was such a wonderful gift to us."

### Providing assistance at a critical time

Caleb started what was then called the Parent-Child Home Program in 2007, just one year after JFCS established it in Minnesota. Caleb is actually the grandson of Ruth Ann – her son's son. Due to unforeseen circumstances, Ruth Ann officially adopted him as her son.

Ruth Ann was referred to the program by the food shelf at STEP in St. Louis Park. It came into their lives at a critical

time. Ruth Ann suddenly became a mother of a toddler at an older age while she was needing to work full time – she felt like she had no idea how to help him learn at the time.

Caleb had a lot of big feelings surrounding all that happened to him during the earliest years of his life. ParentChild+ staff encouraged Ruth Ann to let Caleb know she hears him and to allow him to process his feelings with her. We also provided referrals to supportive services.

"The way you did things was wonderful for us," Ruth Ann said about ParentChild+. "You brought such nice things to teach him. It was a godsend. I was very interested in doing it because it was a way to bond with my child and it was a way to learn how he learns. At that time, I needed those tools."

Caleb is on the Autism spectrum and traditional teaching methods were not working at the time, so ParentChild+ helped Ruth Ann think of creative ways to help him learn. For instance, when staff learned Caleb loved brownies, they encouraged her to cut brownies into different shapes. When he identified the correct brownie shape, he got to eat it. The process was very effective.

"The program taught me about bonding and teaching," Ruth Ann said. "Caleb has always been a kinesthetic learner – touching, feeling. I would have never known about these things. Everything was a learning experience."

In fact, when Caleb was in junior high and the shapes and math problems were much more difficult, Ruth Ann advocated with his teachers to teach him in similar kinesthetic methods, knowing it would help. She said ParentChild+ helped her learn how to become an advocate for Caleb throughout his school career.

### Caleb's story inspires others

Caleb is interested in computers and coding – he even built a computer at home all by himself. He hopes to go to the Dunwoody College of Technology to study radiologic technology.

He wasn't the only one to benefit from ParentChild+. Ruth Ann said the program reminded her about the importance of education and inspired her to get two IT tech degrees while she was raising Caleb. She encourages him to keep focusing on his education, no matter how long it takes. "You can do anything you want to do, even if it takes you longer," she said. "That's what I tell him."

Hearing about Caleb's graduation and how far he has come is inspiring to ParentChild+ staff, Kristi said. "Hearing their success story motivates our team to continue the work of ParentChild+ to support even more families in Minnesota create their own success stories," she said.

Looking back on how far Caleb has come, Ruth Ann has nothing but immense pride in him and is excited to see what he will accomplish in the future.

**"I feel something different for Caleb – he has had such adversity in his life," she said. "He is destined for something great. He is going to influence something that is going to change the world."**





# ParentChild+

ParentChild+ is a free home visiting program that promotes creative ways to learn through play, increases parenting skills and helps children prepare for school. Participants can select either in-person home visits following safety protocols or virtual visits. Participants will receive deliveries including free books, toys, and guide sheets.



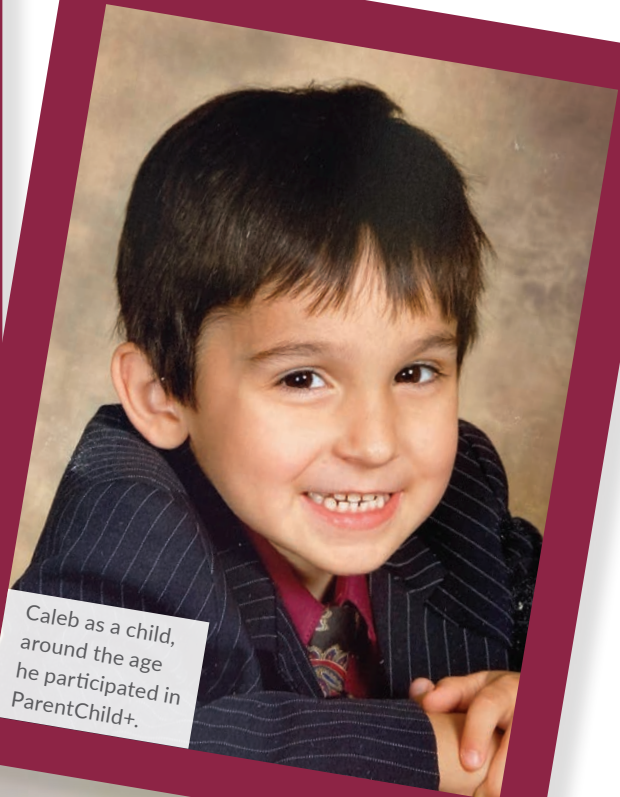
For more information, visit [jfcsmpls.org](http://jfcsmpls.org) and click on "Our Services" and then "Education and Learning" or call 952-546-0616.

**Are you a former ParentChild+ participant?**

If you/your child participated in the program in the past, WE'D LOVE TO HEAR AN UPDATE on your success! Please contact ParentChild+ Program Manager Chantel Jullie at [cjullie@jfcsmpls.org](mailto:cjullie@jfcsmpls.org).



Pictured (from left) are JFCS Director of Children and Family Programs Ruth Paley (now retired), former ParentChild+ participants Caleb and Ruth Ann, and Director of Education and Learning Kristi Murray.



Caleb as a child, around the age he participated in ParentChild+.



Caleb, pictured in his room with a computer he built all by himself (at right).



# Year-end giving: Let's make it year-round giving

By Dana Rubin • Development Director



My best friend from college – and to this day – has had a varied and wonderful career in the informal Jewish education space, most currently as an independent consultant for Jewish educational experiences and curriculum. Throughout her career, the organizations she worked with have been the recipients of philanthropic dollars from grants, family foundations, and individuals.

In many of these cases, Robyn has been the grant writer and grant manager for awarded funds. In addition, she has helped develop curriculum, facilitate, and train staff for teen philanthropy programs, and has participated in national conversations around the curriculum and growth of the field of Jewish-teen philanthropy.

Robyn has always identified herself as a Jewish education professional, a grantee, a trainer, a mentor, and an occasional sporadic charitable giver, but not until recently did Robyn see herself as an intentional donor and philanthropist.

I can tell you that Robyn's journey – which took her from Jewish educator and grantee to serious donor and philanthropist – is actually one many of us should see a reflection of in ourselves. While most of us are not Jewish professionals, we are working in some capacity as a professional. We could all consider ourselves to be educators, whether it is formally or informally, and all of us have been on the receiving end of the generosity of others.

**What I think most people don't recognize in themselves is the ability to be a deliberate committed donor and philanthropist.** Our pre-conceived notion is that you must be wealthy; that there is a minimum gift to be in this category or a status of some sort. But I am here to challenge that idea. Fidelity Charitable defines a philanthropist as a person who donates time, money, experience, skills or talent **to help create a better world.** Anyone can be a philanthropist, regardless of status or net worth. The Merriam-Webster Dictionary defines a philanthropist as one who makes an active effort to promote human welfare. What Robyn didn't see in herself was the ability, even at a minimum financial commitment, to be a purposeful, focused and steadfast donor (aka a philanthropist).

Jewish Family and Children's Service of Minneapolis serves nearly 13,000 people each year of all ages and backgrounds. We live our values every day based on Jewish concepts and teachings

such as *Tikkun Olam* (repairing the world) or *Tzedakah* (the Hebrew word for charity rooted in a pursuit of justice). Giving is viewed as more than a financial transaction, it is a way for donors to have a soulful benefit, as much or more so than the recipients.

As we end the year and start 2024 (or 5784), I urge you to **consider yourself with the identity of philanthropist** (a purposeful faithful donor guided by core values). What are those values that have been passed down to you from previous generations? What are the values by which you live your life? Remember, a value is how you conduct yourself, make day-to-day ethical decisions, and how you treat others.

While you may give to the same places or causes that your parents or grandparents did, or that your friends are involved with, you may take this opportunity to explore your own passions. Give to the places, programs and services that you care about, engage with, and provide meaning to you, your family and/or friends. The size of your gift does not matter – it is the **meaningful action of giving**, the feeling you get from it and the impact you have on others that makes you a philanthropist.

There are many ways to give to JFCS at year-end and year-round. You can make a gift to our annual campaign at [www.jfcmpls.org/donate](http://www.jfcmpls.org/donate) and then click on "Give2023" (all new gifts and increases will be matched up to \$57,500). There is additional information on the "Donate" web page if you are interested in other ways to give. JFCS accepts all forms of payment including Venmo and PayPal. You can make a gift from a donor advised fund, a stock gift or a tax-free distribution from your IRA if you are age 72 or older and must make a required distribution.

**For more information on opportunities to donate or be involved at JFCS, please contact me at [drubin@jfcmpls.org](mailto:drubin@jfcmpls.org) | 952.542.4803**



# a MILLION Reasons Why

## Reason #496

"We send JFCS Tribute Cards for just about everything - from celebrating life events like anniversaries and birthdays to memorializing a family member, yahrzeits, and general thank yous. Each of us has been fortunate in many ways, including being the recipients of Tribute Cards. We appreciate being recognized by those in the community and it's an honor to pay it forward by sending Tribute Cards to honor others. While there are lots of ways to donate to JFCS, sending Tribute Cards is easy, effective, and meaningful."

*The Bader Family*



Sid and Molly Bader (pictured) along with their children Kristi Bader and Gary Swartz, Stuart Bader and Rick Werlin, Scott and Kerry Bader



Help us reach our goal of \$3 million!

♥ Here for all. *Always.*





**SHOP & make  
a difference!**

## The JFCS Annual Online Auction

runs from December 2-12, 2023

It is an opportunity to find one-of-a-kind items and experiences, including sports and entertainment tickets, food and dining, spa and beauty, home, clothing, accessories, health and fitness and much more!

[tuneinjfcs.org](https://tuneinjfcs.org)



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