

Keeping the Spirit Alive 2025

Recommended book list

- Agronin, Marc E. **The Dementia Caregiver: A Guide to Caring for Someone with Alzheimer's Disease and Other Neurocognitive Disorders**. 2016
- Amos, Carol B. **H.O.P.E. for the Alzheimer's Journey: Help, Organization, Preparation, and Education for the Road Ahead**. 2019
- Applebaum, Allison J., PhD. **Stand By Me: A Guide to Navigating Modern, Meaningful Caregiving**. 2024
- Arthur, Alua. **Briefly Perfectly Human: Making an Authentic Life by Getting Real About the End**. 2024
- Barr, Deborah. **Keeping Love Alive as Memories Fade: The 5 Love Languages and the Alzheimer's Journey**. 2016
- Basting, Anne Davis. **Creative Care: A Revolutionary Approach to Dementia and Elder Care**. 2020
- Bell, Virginia. **A Dignified Life: The Best Friends Approach to Alzheimer's Care: A Guide for Care Partners**. 2012
- Boss, Pauline. **Loving Someone who has Dementia: How to Find Hope While Coping with Stress and Grief**. 2011
- Brackey, Jolene. **Creating Moments of Joy Along the Alzheimer's Journey: A Guide for Families and Caregivers**, Fifth Edition, Revised and Expanded. 2017
- Butler, Katy. **Knocking on Heaven's Door: The Path to a Better Way of Death**. 2013
- Cardwell, Lee. **Dementia in the Family: Practical Advice from a Caregiver**. 2017
- Cohn, Barbra. **Calmer Waters: The Caregiver's Journey Through Alzheimer's and Dementia**. 2016
- Davis, Patti. **Floating in the Deep End: How Caregivers Can See Beyond Alzheimer's**. 2021
- Deleo, Kirsten. **Present Through the End: A Caring Companion's Guide for Accompanying the Dying**. 2019
- Fersko-Weiss, Henry. **Finding Peace at the End of Life: A Death Doula's Guide for Families and Caregivers**. 2020
- Grosklags, Kelly. **A Comforted Heart: An Oncology Psychotherapist's Perspective on Finding Meaning and Hope During Illness and Loss**. 2017
- Grosklags, Kelly. **When Love Meets Grief: A Grief Therapist's Reflections from the Bedside and Beyond**. 2024

Guttenberg, Steve. **Time to Thank**. 2024

Haley, Jennifer. **Breadcrumbs**. 2015

Keppel, Anne-Marie. **Death Nesting: The Heart-Centered Practices of a Death Doula** . 2023

Kiper, Dasha. **Travelers to Unimaginable Lands: Stories of Dementia, the Caregiver, and the Human Brain**. 2023

Koffman, Dan. **Hand Tools**. 2008. *And other books from the Images for Reflection and Reminiscence series*.

Levin-Folio, Cheryl. **The 24-hour Rule: Living with Alzheimer's**. 2016

Mace, Nancy L., and Peter V. Rabens. **The 36-Hour Day: A Family Guide to Caring for People Who Have Alzheimer Disease and Other Dementias**. 2021

Manteau-Rao, Marguerite. **Caring for A Loved One with Dementia: A Mindfulness-Based Guide for Reducing Stress and Making the Best of your Journey Together**. 2016

Marofsky, Myrna. **To the Last Dance: A Partner's Story of Living and Loving through Dementia**. 2022

Neumann, Ann. **The Good Death: an Exploration of Dying in America**. 2016

O'Brien, Suzanne B. **The Good Death: A Guide for Supporting Your Loved One Through the End of Life**. 2025

Orange, Cynthia. **Take Good Care: Finding your Joy in Compassionate Caregiving**. 2017

Piltch-Loeb, Jessie and Kyria McKie. **What's going on with Papa Bear?** 2024

Post, Stephen G. **Dignity for Deeply Forgetful People: How Caregivers Can Meet the Challenges of Alzheimer's Disease**. 2022

Potts, Daniel. **A Heart That Knows Your Name: Poetry Inspired by Persons Living with Dementia and Care Partners**. 2019

Powell, Tia. **Dementia Reimagined: Building A Life of Joy and Dignity from Beginning to End**. 2019

Rice, Margaret. **A Good Death: A Compassionate and Practical Guide to Prepare for the End of Life**. 2019

Schreiber, Martin J. and Cathy Breitenbucher. **My Two Elaines: Learning, Coping, and Surviving as an Alzheimer's Caregiver**. 2022

Toth, Susan Allen. **No Saints Around Here: A Caregiver's Days**. 2014

Curated by JFCS and Sharon Noble, Hennepin County Library