



## ParentChild+



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ParentChild+ waa barnaamij booqasho guriyeed oo lacag la'aan ah oo loogu talagalay qoysaska kaasoo dhiirigaliya in wax lagu barto hab ciyaareed hal abuur leh, kordhiyana xirfada waalidnimo kana caawiya ilmaha inay u diyaar garowaan duqsiga.

- Buugaag waxbarasho iyo qalab ciyaareed lacag la'aan ah.
- Dad kibrad u leh waxbarashada hore ee ilmaha oo latababaray ayaa gurigaaga kugu imaanaayo isbuucii labo mar si aay ugu aqriyaan ilmahaaga ulana ciyaaraan.
- Barnaamijka labada sano waxuu bilaabanaa marka ilmaha uu jiro 18 bilood ilaa iyo  $2\frac{1}{2}$  jir.
- Dadka guriga kuugu imaanaayo waxeey ku hadlaan Soomaali isbaanish iyo ingriis.
- Hel wadooyin hal abuur leh oo aad ilmahaaga iyo adigaba aad wax ku baran kartaan.
- Dooro waqtika booqashada kugu munaasibka ah adiga iyo qoskaaga.

♥ Here for all. *Always.*

Bilaabitaankuna aad ayuu u fudud yahay!

- Naga soo wac 612-201-6712
- Arji ku soo qor 612-201-6712
- Email [parentchildplus@jfcsmpls.org](mailto:parentchildplus@jfcsmpls.org)
- Soo booqo ciwaankeena [www.jfcsmpls/parentchildplus](http://www.jfcsmpls/parentchildplus)

**ParentChild+ caruurteeda marka  
loo barbar dhigo dhqaale ahaan  
asxaabtoodad:**



**30%** boqolkiiba sodanna  
waxey ka qalan jabiyaan  
dugsiyada sare



**50%** boqolkiiba kontan  
waxey u badan tahay ineeey diyaar  
u noqdaan dugsiyada xanaanada

# ParentChild+

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ParentChild+ waa barnaamij ka socda Jewish Family and Children's Service of Minneapolis  
5905 Golden Valley Rd | Golden Valley, MN 55422  
952-546-0616 | [jfcsmpls.org](http://jfcsmpls.org)

*Midibeynta mashruuca waa adiga!*

