



♥ GRIEF AND LOSS GROUP

JFCS' Counseling Department will host a psychoeducation-based group, focusing on empowering folks in their grief experience through education, knowledge, and connection.

WHEN:

Wednesdays, Aug. 13 through Sept. 17, from 4 - 5:30 p.m.

WHERE:

Jewish Family and Children's Service of Minneapolis - 5905 Golden Valley Rd., Golden Valley

PROGRAM:

This six-week, in-person group is for those who have experienced the death of a loved one within the past two years. It is a structured closed group, and each week will have a specific area of learning related to finite loss. Additionally, there will be time for self-reflection and connections with others. JFCS Therapists Samantha Shepherd, MSW, LICSW, and Michel Rousseau, MSW, LICSW, will co-facilitate this group. Workbook provided.

FEE:

\$150, sliding scale available for those that qualify.

