

Certificate of Attendance

TWIN CITIES JEWISH COMMUNITY 25th ANNUAL MENTAL HEALTH EDUCATION CONFERENCE

The Annual Mental Health Education Conference is a collaborative program of Jewish Family and Children's Service of Minneapolis and Jewish Family Service of St. Paul.

Sunday, October 19, 2025
9 a.m. – 3:45 p.m. (4 contact hours)
Breakout sessions (60 minutes per session)

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| <input type="checkbox"/> Learning curve: Mental health in schools | <input type="checkbox"/> Creating communities of belonging |
| <input type="checkbox"/> Breaking barriers in the workplace: Communication, mental health, and inclusive team dynamics | <input type="checkbox"/> Reflective writing and meditation workshop |
| <input type="checkbox"/> Never a safe bet: How gambling addiction and mental health impact each other | <input type="checkbox"/> Navigating scarcity mindset: Insights and strategies for compassionate care |
| <input type="checkbox"/> I Am Safe: Mind-body skills for teen mental health | <input type="checkbox"/> What about the kids? Supporting youth whose parent has a mental illness/PTSD |
| <input type="checkbox"/> System of care: How providers' implicit bias affect parenting children of color with mental health challenges | <input type="checkbox"/> Turning pain into purpose: The science and story of post-traumatic growth |
| <input type="checkbox"/> Supporting yourself and others during times of change and uncertainty | <input type="checkbox"/> Caregiving: Fostering a circle of caring |



Conference Official

Attendee

10/19/25

Date