

DEMENTIA CAREGIVER CONNECT

JFCS Senior Services is excited to announce the launch of Dementia Caregiver Connect – a twice monthly “drop-in” program for caregivers of people living with dementia or experiencing memory loss.

Upcoming sessions of Dementia Caregiver Connect will be held :

- Nov. 12th and 26th, Dec. 10th, Jan. 7th and 21st
- 10:30 a.m. - Noon
- JFCS Community Room - 5905 Golden Valley Rd.

If you have picked up a prescription, brought over dinner, given a ride to the doctor, taken care of an errand, or made decisions big or small on behalf of a family member or friend, you are a caregiver.

Participants in this program will have an opportunity to **share experiences and receive guidance and education** about topics relevant to caregiving. Sometimes the caregiving journey can feel lonely—the intention of this program is to provide a safe place to receive support and connect with other caregivers.

Staff from JFCS Senior Services will facilitate the group sessions, provide support, and answer resource-related questions.
Refreshments will be served.

For more information on Dementia Caregiver Connect, contact Jeanne Schuller at jschuller@jfcsmpls.org or 952-542-4836.

OUR MISSION

Jewish Family and Children's Service of Minneapolis provides essential services to people of all ages and backgrounds to sustain healthy relationships, ease suffering, and offer support in times of need.

OUR VALUES

Based on the Jewish concept of *tikkun olam* (repairing the world), Jewish Family and Children's Service of Minneapolis believes everyone is entitled to equal economic, political and social rights and opportunities. As a human service organization, we value:

- > Compassion
- > Inclusion
- > Innovation
- > Integrity
- > Collaboration

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